



School of Nursing

Study Title: End of Life care perspectives of older South Asians

Interview Topic guide

Step1 Introduction

- a) Self introduction
“Good Morning Mr/Mrs..xxxx. I would like to thank you for accepting my invitation and agreeing for this discussion. My name is..... I am carrying out a research project into end of life perspectives of older South Asians. We feel that by talking to people like you we can best find out opinions and experiences about these issues..Please feel free to talk about anything related to topic there are no right or wrong answers.....”
- b) Inform about House keeping (if interviews conducted at other than their own house) and audio recording
- c) Reassure regarding confidentiality and support measures and level of consent they are free to withdraw at anytime without giving a reasons

Step 2: Focus on Topic Area

a. Experiences

- i. How do you feel about discussing this topic?
- ii. What does “end of life” and “end of life care” mean to you
- iii. Do you have any story about a person you know of or have heard about who became ill and died in your local community?
- iv. What kind of care did that dying person and the family receive?

b. End of life decision making

- i. Do you think older people from the South Asian community would want to know if they had a serious illness?
- ii. Who should be involved in making decisions about the care of an older South Asian person?

c. Using local end of life care services

- i. What sort of services would help an older South Asian person who is very ill?
 - your experiences
 - your concerns
- ii. Have you heard about Hospice and Palliative care services? (Explanation will be provided before proceeding)
 - any experiences
 - any alternative services used
- iii. How could such services be made more accessible?

d. End of life care information

- i. What kind of things that you like to know about end of life care?
- ii. In what ways would you wish to receive this information?
- iii. Who is the most appropriate person to give you such information?

Step 3: Closing

- i. The researcher will debrief and thanks for their participation.

“We are reaching the end of the discussion. Do you have anything to add before we conclude the session? As I informed you your information will be kept highly confidential. Thanks for your contribution. Please feel free to contact me if any further information you need about this study....”

- ii. Inform about follow-up support strategies such as Bereavement support, Service information about St. Joseph’s Hospice.