

Title: Assessing water uptake in sugar beet (*Beta vulgaris*)  
under different watering regimes

Authors: Tamara.F.J. Fitters<sup>1</sup>, Jennifer.S. Bussell<sup>2</sup>, Sacha.J.  
Mooney<sup>3</sup>, **Debbie.L. Sparkes<sup>4</sup>**

1. Email: [tamara.fitters@nottingham.ac.uk](mailto:tamara.fitters@nottingham.ac.uk)
2. Email: [jennifer.bussell@nottingham.ac.uk](mailto:jennifer.bussell@nottingham.ac.uk)
3. Email: [sacha.mooney@nottingham.ac.uk](mailto:sacha.mooney@nottingham.ac.uk)
4. **Email: [debbie.sparkes@nottingham.ac.uk](mailto:debbie.sparkes@nottingham.ac.uk)**

1, 2, 3, 4      Address:  
University of Nottingham  
Sutton Bonington campus  
Loughborough  
Leicestershire  
LE12 5RD  
United Kingdom  
Tel.: +44 115 951 6074

1 Abstract

2

3 Sugar beet yield worldwide is substantially reduced as a result  
4 of drought stress. Water uptake may be limited by the plant  
5 (e.g. low root density) or by soil physical constraints. An  
6 experiment was conducted to assess the ability of sugar beet to  
7 produce roots and take up water throughout the soil profile  
8 under contrasting water regimes. Sugar beet was grown in  
9 columns, 15 cm in diameter and 1 m height in a glasshouse. *In*  
10 *situ* soil moisture was monitored hourly, and stomatal  
11 conductance was measured weekly. Root length and diameter  
12 at different depths were assessed destructively at 78 and 94  
13 DAS. Greater water availability resulted in a higher root length  
14 and lower water use efficiency. Water uptake was initially from  
15 the upper soil layers but, as demand for water increased, there  
16 was a strong increase in root length density at depth. However,  
17 it was a further 16 days, after roots reached the deep layers,  
18 before significant water was taken up. A possible reason for the  
19 delay, between presence of roots and water uptake by roots,  
20 was the absence of secondary xylem early on, which was  
21 supported by a second root anatomy study. Sugar beet can  
22 grow roots up to 1 m deep and take up water from depth,  
23 however this did not happen until the late stages of drought  
24 stress and thus storage root dry weight had already been

25 severely reduced, indicating that prevention of drought is  
26 necessary, early on, to minimise yield losses.

27

28 Key words: Drought, Roots, Soil physical limitations, Stomatal  
29 conductance

30

### 31 1. Introduction

32

33 Sugar beet (*Beta vulgaris*) is grown in many areas of the world  
34 but tends to thrive in the temperate climates found in large  
35 parts of Europe, North America and Asia. It is mainly grown as a  
36 sugar source, and more recently, for biofuel (Draycott 2006). In  
37 the UK, sugar beet production is centred in East Anglia, where  
38 the average annual rainfall is less than 700 mm, and is grown  
39 predominantly on sandy loam soils with a low water holding  
40 capacity (Brown and Biscoe 1985). Jaggard et al. (1998)  
41 reported that, on average in the UK, there is a 10% yield loss  
42 due to water limitation which can exceed 25% in dry years.

43

44 While sugar beet roots have been shown to exceed 1 metre  
45 depth (Brereton et al. 1986; Morillo-Velarde and Ober 2006),  
46 Brown and Biscoe (1985) found that 80% of the crop's water  
47 requirement was taken from the top 30 cm, with <12% coming  
48 from below 50 cm. Compaction of the soil is considered a major  
49 limiting factor to water uptake at depth because it restricts root  
50 growth in deeper soil layers and thus water availability  
51 (Kirkegaard and Lilley 2007). Brown and Biscoe (1985)  
52 hypothesised that; while sugar beet roots were found at depth,  
53 they may be confined to existing root channels and hence not  
54 be able to explore the soil effectively. Alternatively, roots may  
55 not be capable of taking up water from depth due to

56 physiological restrictions, such as immature root tissue (Varney  
57 and Canny 1993; Chimungu et al. 2014). When xylem develops  
58 it needs to mature from primary to secondary xylem. During  
59 this maturation stage, water uptake is suboptimal (Mapfumo et  
60 al. 1993).

61

62 Root plasticity allows roots to respond to changes in soil water  
63 availability by increasing root length or by forming root hairs  
64 (York et al. 2016). Previous studies, in maize, wheat and beans,  
65 as well as several species common in temperate grasslands,  
66 have shown rooting patterns change with contrasting water  
67 availability, and that generally a low water availability leads to  
68 increased root proliferation at depth (Li et al. 2002; Ho et al.  
69 2005; Manschadi et al. 2008; Padilla et al. 2013). In sugar beet,  
70 roots are known to reach a depth of 1.5 m, if there are no soil  
71 restrictions, regardless of water availability (Brown and Biscoe  
72 1985; Camposeo and Rubino 2003). However, sugar beet roots  
73 do not necessarily proliferate at depth under drought stress and  
74 the response has been shown to be variable between  
75 genotypes and seasons (Ober et al. 2004; Romano et al. 2005).

76

77 This study sought to address the following questions: a) how are  
78 sugar beet roots distributed under unrestricted conditions? ; b)  
79 does this change with water availability? ; and c) what are the  
80 key mechanisms responsible for extracting water from depth?  
81 To address these questions two experiments were conducted  
82 where plants were grown in a glasshouse in 1 m columns. One  
83 study considered the plant physiological responses to differing  
84 water regimes and the other experiment focused on root  
85 anatomy from 60 to 100 cm depth at different time points.

86

87 2. Material and methods

88

## 89 2.1 Experimental design: Plant physiology experiment

90 To measure physiological responses of *Beta vulgaris*, plants  
91 were grown in glasshouse conditions, heated to 18°C during the  
92 day and 8°C at night (min: 7°C, max: 38°C). Two sodium lights  
93 with a maximum output of 750  $\mu\text{mol m}^{-2} \text{s}^{-1}$  (Master  
94 GreenPower CG T 400W E40 1SL, Turnhout, Belgium)  
95 supplemented the incident light for 8 hours per day. Sugar beet  
96 were grown in 1 m tall columns with a diameter of 15 cm, in a  
97 randomized block design with ten replicates. The soil medium  
98 was a sandy loam texture (12% clay, 19% silt and 77% sand)  
99 mixed with sharp washed sand and Kettering loam in a 1:1 ratio.  
100 The columns were partially filled and then watered to reduce  
101 slumping. This was done several times until the columns were  
102 completely filled. In six of the columns (two per treatment)  
103 volumetric soil moisture sensors, EC-5 (Decagon Devices,  
104 Labcell Ltd., Alton Hants, United Kingdom) were placed at four  
105 depths: 30, 50, 70 and 90 cm. Five Em5b data loggers (Decagon  
106 Devices, Labcell Ltd., Alton, Hants, United Kingdom) were used  
107 to log the hourly readings from the soil moisture sensors. Solid  
108 fertilizer (HortiMix Standard; NPK ratio 15:0.8:6, Hortifeed,  
109 Lincoln, United Kingdom) equivalent to 120 kg ha<sup>-1</sup> was applied  
110 in the top 5 cm of the soil.

111

112 Two sugar beet seeds (cv. Master) were planted at 3 cm depth  
113 in each column. At 12 days after sowing (DAS) the first seedlings  
114 emerged and at 19 DAS columns were thinned to one seedling  
115 per column. Prior to the start of the experiment, field capacity  
116 (25% volumetric soil moisture content) was determined by  
117 watering the columns to saturation and then letting them drain  
118 for two days. The soil moisture sensors were calibrated to the  
119 soil used to get volumetric moisture contents representative to

120 the soil. From 1 to 39 DAS the columns were watered daily, by  
121 hand, to maintain field capacity. At 40 DAS, the three different  
122 watering regimes were imposed: FC (control): sufficiently  
123 watered, AR: average rainfall between 2010 and 2014 was  
124 simulated, DR: drought, no irrigation at all.

125

## 126 2.2 Experimental design: Root anatomy experiment

127 A second experiment was conducted to study the root  
128 anatomy. Sugar beet were grown in 1 m tall columns in a non-  
129 heated glasshouse. The columns were cut in half and plexiglass  
130 was used to cover the open sides and to monitor root growth  
131 as the plants were growing. The variety Master cv. was grown  
132 in a sandy loam with solid fertilizer (HortiMix Standard; NPK  
133 ratio 15:0.8:6, Hortifeed, Lincoln, United Kingdom) equivalent  
134 to 120 kg ha<sup>-1</sup> applied in the top 5 cm of the soil. Water was  
135 applied in sufficient amounts in all three columns. The seeds  
136 were sown at different times to ensure differential  
137 developmental stages at the time of harvest. The interval  
138 between sowing dates was 10-11 days. Since development can  
139 be fast the plants were sown in relatively quick succession to  
140 really look at the early root development. All plants were  
141 harvested when the plants that were sown last reached the  
142 bottom of the column.

143

144 To compare both experiments the thermal time was calculated  
145 for both experiments with a base temperature for sugar beet of  
146 3°C.

147

## 148 2.3 Measurements

149 In the physiology experiment the fully expanded fifth leaf was  
150 used for gas exchange measurements using a Li-6400XT (Li-cor,  
151 Lincoln, Nebraska, USA). All measurements were taken

152 between 9.00h and 13.30h, but within a two hour timeframe on  
153 each sampling date. The settings were as follows:  
154 photosynthetically active radiation (PAR)  $1200 \mu\text{mol m}^{-2} \text{s}^{-1}$ ,  
155 Flow rate  $500 \mu\text{mol s}^{-1}$ ,  $\text{CO}_2$  concentration  $400 \mu\text{mol}$  and block  
156 temperature  $18 \text{ }^\circ\text{C}$ . Von Caemmerer and Farquhar (1981)  
157 formulated the algorithms that the instrument uses to calculate  
158 the transpiration rate ( $\text{mol m}^{-2} \text{s}^{-1}$ ), the stomatal conductance  
159 ( $\text{mol}_{\text{H}_2\text{O}}^{-2} \text{s}^{-1}$ ), and the net assimilation rate of  $\text{CO}_2$  by the leaf  
160 ( $\mu\text{mol}_{\text{CO}_2} \text{m}^{-2} \text{s}^{-1}$ ).

161

## 162 2.4 Harvest

163 At 78 and 94 DAS destructive measurements were executed for  
164 the first experiment. These points were chosen based on roots  
165 reaching 1m depth at 78 DAS and towards 94 DAS the DR  
166 treated plants were stressed severely and the experiment was  
167 terminated. To monitor root growth more closely rhizotron  
168 columns were set up alongside the experiment to look at root  
169 growth over time under the different water regimes. Relative  
170 leaf water content (RWC) was calculated from the fresh weight,  
171 turgid weight and dry weight of leaf discs. The leaf area was  
172 measured (Li-3100C Area meter, Lincoln, Nebraska, USA), and  
173 the leaf dry weight was determined after drying at  $85 \text{ }^\circ\text{C}$  for at  
174 least 48h. Specific leaf area (SLA) was calculated (Tsialtas and  
175 Maslaris 2008).

176

177 After the harvest, the columns were divided into four soil layers;  
178 0-15 cm, 15-30 cm, 30-60 cm, and 60-100 cm. Previous studies  
179 showed that most water uptake is from the top 30 cm (Brown  
180 and Biscoe 1985), therefore the top 30 cm was divided in two  
181 sections of 15 cm. There is substantially less water uptake from  
182 below 30 cm, and thus those sections were kept larger. The  
183 roots from each layer were washed out and stored at  $4 \text{ }^\circ\text{C}$ . Roots

184 were scanned on a flatbed scanner (EPSON expression, 11000XL  
185 Pro, Japan) and analysed with WinRHIZO software (Regent  
186 instruments Inc., Québec, Canada) to determine the total root  
187 length (cm), and the average root diameter (mm). The root  
188 length density (RLD) was calculated (Camposeo and Rubino  
189 2003). Following WinRHIZO analysis, the roots were dried at 80  
190 °C for at least 48h after which the dry weight was determined.  
191 Soil samples were taken at the different depths to measure bulk  
192 density. Total plant water use efficiency (WUE) was determined  
193 from the total plant dry weight and the total water uptake  
194 during the whole experiment.

195

196 Roots of the second experiment were harvested at 48, 59, and  
197 69 days after sowing. The taproot of each plant was sectioned  
198 at the following depths: 60, 70, 80, 90, and 100 cm. Sections  
199 were embedded in resin (Technovit 3040, TAAB Laboratory  
200 equipment Ltd., Reading, United Kingdom) for further analysis.  
201 A microtome was used to create 2.5 µm sections which were  
202 kept on microscope slides. The sections were then stained with  
203 calcofluor white (Sigma-Aldrich, Poole, Dorset, United  
204 Kingdom), toluidine blue, and an anti-rat – FITC marker (LM11)  
205 (McCartney et al. 2005). An Olympus BX61 microscope  
206 (Olympus, Southend-on-Sea, United Kingdom) was used to take  
207 bright field and fluorescence images.

208

## 209 2.5 Statistical analysis

210 The main factor in the drought experiment was the water  
211 treatment. There were five blocks and two destructive  
212 measurements. A general ANOVA was performed on plant  
213 biomass data, leaf area data, root data and bulk density data.  
214 For stomatal conductance data, a repeated measures ANOVA  
215 was performed. GenStat 15<sup>th</sup> edition (VSN International Ltd.,



216 Hemel Hempstead, United Kingdom) was used for the statistical  
217 analyses.

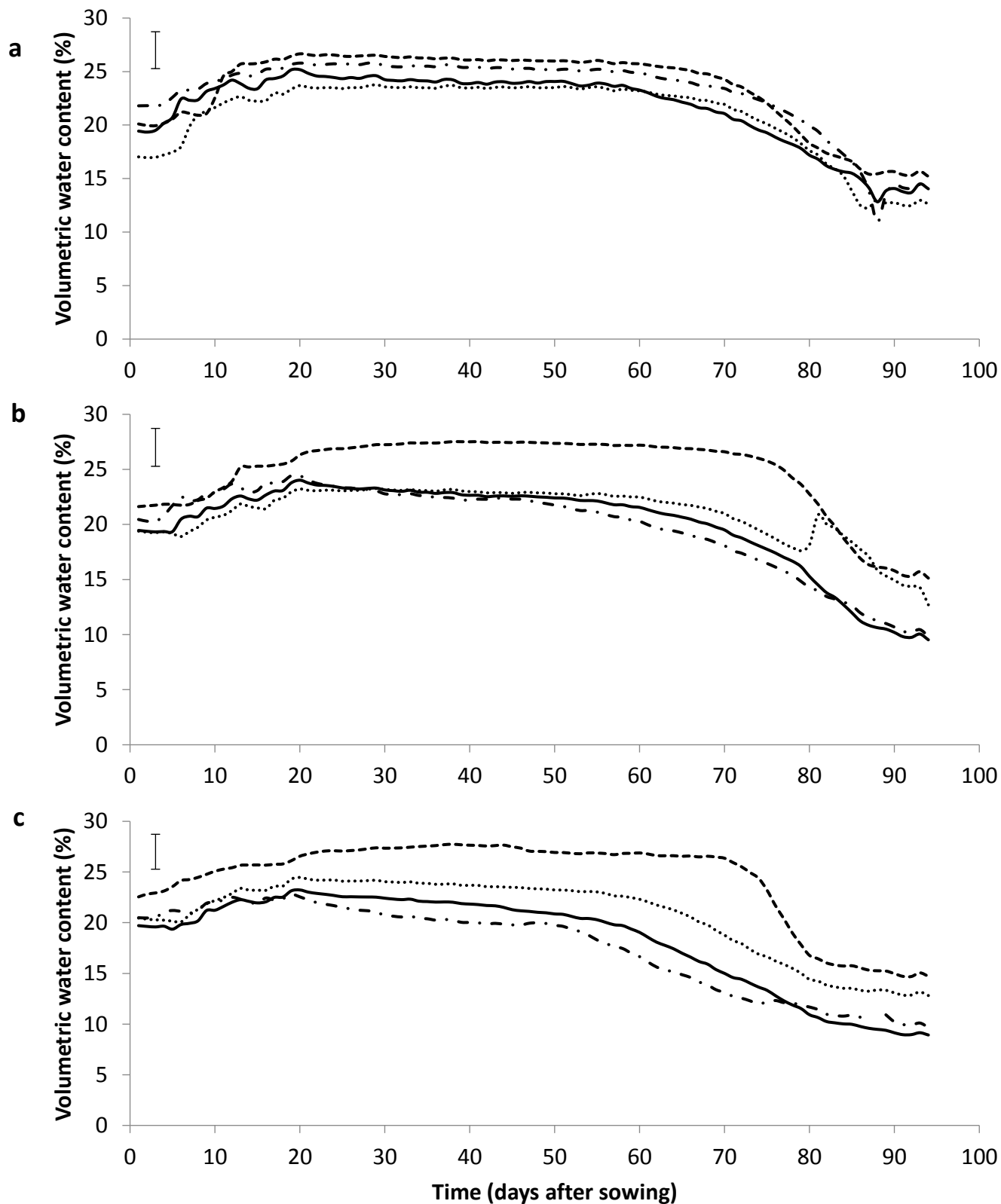
218

### 219 3. Results

220

#### 221 3.1 Soil moisture and water uptake

222 The watering regimes had a significant effect on the pattern of  
223 water uptake from different depths within the columns (Fig. 1a-  
224 c). The FC treatment did not show depletion of moisture from  
225 all layers (50, 70 and 90 cm) for the first 70 days. Towards 70  
226 DAS, there was a decline in water content throughout the whole  
227 column, which coincided with a marked increase in air  
228 temperature (data not shown). The AR treatment started taking  
229 up more water than it received after 55 DAS, this was first  
230 observed at 30 cm depth after which water was also extracted  
231 from deeper layers. Towards 75 DAS the soil moisture in the top  
232 60 cm of the soil had decreased below 17% and subsequently  
233 water was taken up more rapidly from 90 cm depth. At the end  
234 of the experiment, the upper 30 cm of the AR treatment had  
235 been depleted of soil moisture and there was limited water  
236 uptake from below 30 cm. The DR treatment, however, had a  
237 different pattern. There was water uptake from all layers,  
238 although water was not taken up from below 50 cm before the  
239 layers above it had been depleted to less than 15%. Water was  
240 taken up from 90 cm depth but only after the shallower layers  
241 had been depleted to 17% moisture.



--- 30 cm    — 50 cm    ..... 70 cm    -.-.- 90 cm

Figure 1 Volumetric water content (%) of a) control treated plants, b) average rainfall (AR) treated plants, and c) drought (DR) treated plants at different depths; 30cm, 50 cm, 70 cm and 90 cm. The bar shows the least significant difference (time\*treatment\*depth)

243 water availability. The control plants received 7686 ml of water  
 244 during the experiment and had a water use efficiency (WUE) of  
 245  $3.2 \text{ g L}^{-1}$ , while the DR treated plants received only 3887 ml of  
 246 water but had a WUE of  $4.1 \text{ g L}^{-1}$ . The AR treated plants took up  
 247 5237 ml of water and had a WUE of  $4.3 \text{ g L}^{-1}$ , which was the  
 248 highest of the three treatments.

249

### 250 3.2 Stomatal conductance and photosynthesis

251 Most changes were seen later in the experiment, particularly at  
 252 80 DAS. Changes in water uptake influenced stomatal  
 253 conductance after 72 DAS, control plants showed a reduction in  
 254 stomatal conductance from  $0.36$  to  $0.15 \text{ mol}_{\text{H}_2\text{O}} \text{ m}^{-2} \text{ s}^{-1}$  when the  
 255 water uptake was reduced at 88 DAS (Fig. 2). The AR treated  
 256 plants had a lower stomatal conductance at 80 DAS compared  
 257 to the control plants and showed a strong decline in stomatal

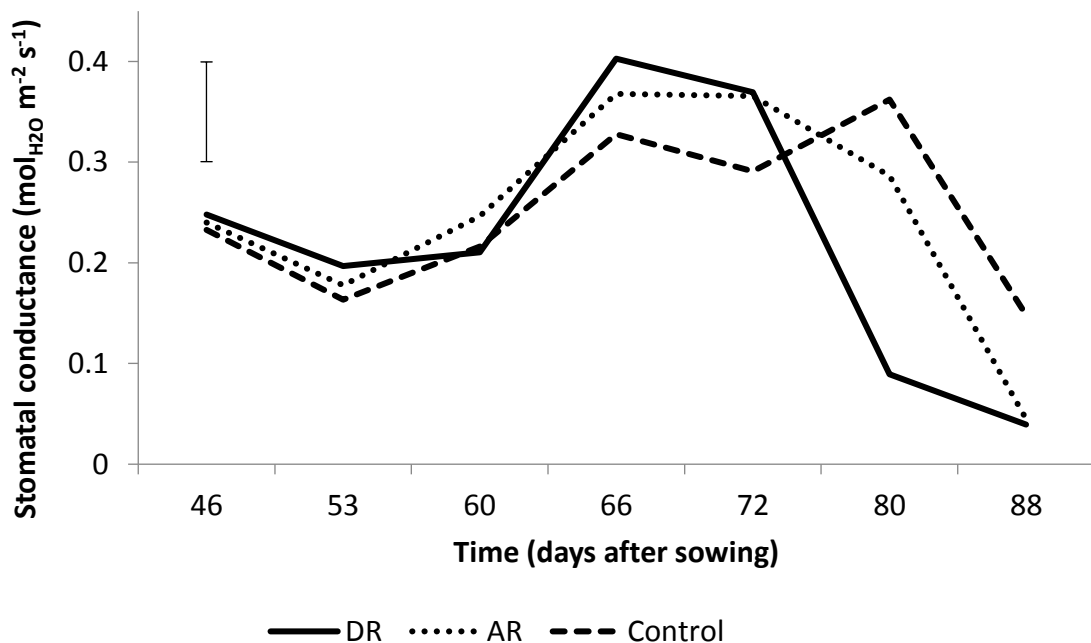


Figure 2 Mean stomatal conductance ( $\text{mol}_{\text{H}_2\text{O}} \text{ m}^{-2} \text{ s}^{-1}$ ) over time for each treatment; drought (DR), average rainfall patterns (AR), and control. The bar shows the least significant difference (time\*treatment).

258 conductance when the water uptake was reduced from 0.29 to

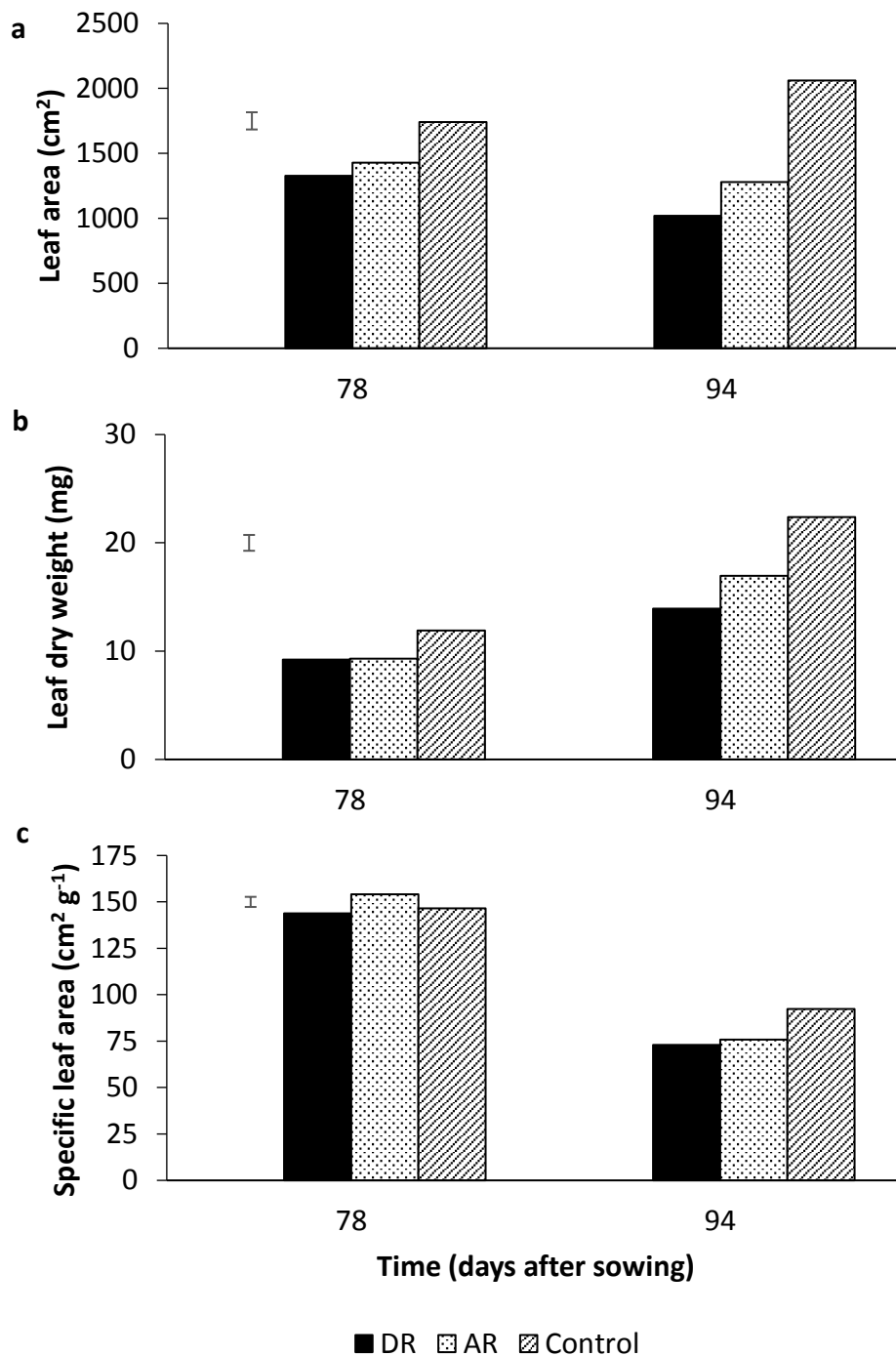


Figure 3 a) Leaf area (cm<sup>2</sup>), b) Leaf dry weight (mg), and c) specific leaf area (cm<sup>2</sup> g<sup>-1</sup>) at 78 DAS and 94 DAS. The bar shows the least significant difference (treatment).

259 0.04 mol<sub>H<sub>2</sub>O</sub> m<sup>-2</sup> s<sup>-1</sup>. The DR treated plants ended with the lowest  
260 stomatal conductance; at 72 DAS it was 0.37 mol<sub>H<sub>2</sub>O</sub> m<sup>-2</sup> s<sup>-1</sup> and  
261 at 80 DAS it had dropped to 0.09 mol<sub>H<sub>2</sub>O</sub> m<sup>-2</sup> s<sup>-1</sup>. After a warm

262 period in the glasshouse (with temperatures up to 30 °C), at 88  
263 DAS, the stomatal conductance of the DR treated plants  
264 dropped to below 0.04 mol<sub>H<sub>2</sub>O</sub> m<sup>-2</sup> s<sup>-1</sup>. There was a significant  
265 time x treatment interaction of stomatal conductance ( $p < 0.001$ ,  
266 DF=78.59, l.s.d.=0.099) caused first by the drop in DR treated  
267 plants, and the later drop in AR treated plants. The net  
268 photosynthetic assimilation followed a similar pattern to the  
269 stomatal conductance with severe reductions in net  
270 photosynthetic assimilation in all treatments between 80 and  
271 88 DAS. The control plants had a net photosynthetic  
272 assimilation of 24 μmol<sub>CO<sub>2</sub></sub> m<sup>-2</sup> s<sup>-1</sup> at 80 DAS which halved to 12  
273 μmol<sub>CO<sub>2</sub></sub> m<sup>-2</sup> s<sup>-1</sup> at 88 DAS. The AR treated plants decreased to 7  
274 μmol<sub>CO<sub>2</sub></sub> m<sup>-2</sup> s<sup>-1</sup>, and the DR treated plants decreased to 6  
275 μmol<sub>CO<sub>2</sub></sub> m<sup>-2</sup> s<sup>-1</sup> at 88 DAS.

276

### 277 3.3 Canopy measurements

278 Higher water uptake resulted in greater leaf area and dry  
279 weight in the FC treatment (Fig 3a-b). However, there was a  
280 decrease in specific leaf area (SLA) between 78 and 94 DAS in  
281 all treatments (Fig. 3c). DR treated plants had the lowest SLA at  
282 both time points ( $p = 0.003$ , DF=19, l.s.d.= 5.44), and even  
283 though the AR treated plants had the highest SLA at 78 DAS  
284 their SLA was severely reduced after a warm period. The SLA of  
285 the control plants reduced slightly, due to the warm period.  
286 Between 78 and 94 DAS there was a significant drop in relative  
287 leaf water content (RWC) ( $p < 0.001$ , DF=19, l.s.d.=0.025). At 78  
288 days after sowing the RWC of all treatments was around 80%  
289 with the DR treated plants being 3% lower ( $p < 0.001$ , DF=19,  
290 l.s.d.=0.031) than the other treatments (Fig. 4). At 94 DAS the  
291 relative leaf water content in the DR treated plants decreased  
292 to 46%, while the control plants still had a RWC of 75%. The AR  
293 treated plant's RWC dropped 30% between 78 and 94 DAS. The

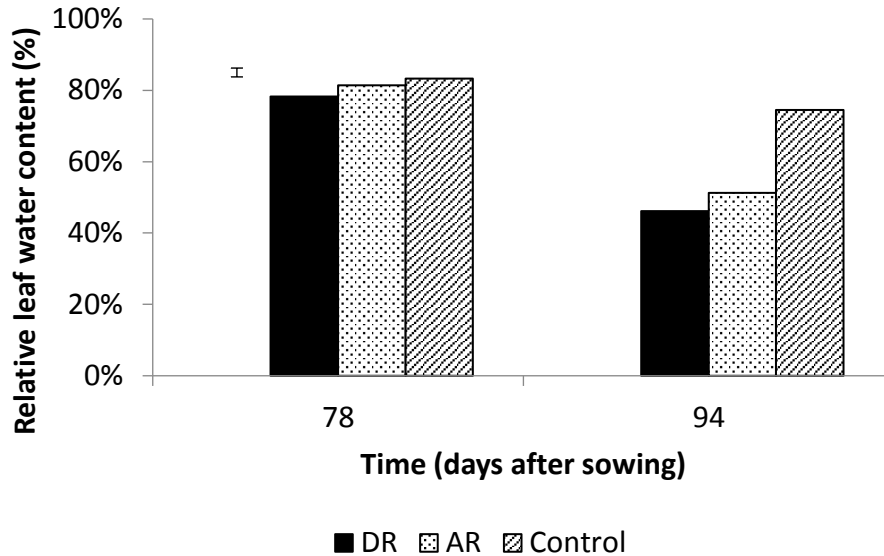


Figure 4 Relative leaf water content (%) at 78 DAS and 94 DAS. The bar shows the least significant difference (0.025) (treatment).

294 RWC of control plants dropped 9% between 78 and 94 DAS. All  
 295 reductions in RWC corresponded with reduced stomatal  
 296 conductance and water uptake (Fig. 2 and Fig. 4). The changes  
 297 in water use efficiency between the two harvests showed that  
 298 the DR treated plants had increased less ( $3.4 \text{ g l}^{-1}$  to  $4.1 \text{ g l}^{-1}$ )  
 299 than the FC ( $2.4 \text{ g l}^{-1}$  and  $2.7 \text{ g l}^{-1}$ ) and AR ( $3.2 \text{ g l}^{-1}$  and  $4.3 \text{ g l}^{-1}$ )  
 300 treated plants.

301

### 302 3.4 Root length and diameter

303 Total root length density (RLD) significantly increased over time,  
 304 however at both points in time the DR treated plants had a  
 305 lower RLD than the FC plants. The DR plants had an overall RLD  
 306 of  $0.43 \text{ cm cm}^{-3}$  at 78 DAS which increased to  $0.93 \text{ cm}^3 \text{ cm}^{-3}$  at  
 307 94 DAS, while the FC plants went from an overall RLD of  $0.82$   
 308  $\text{cm}^3 \text{ cm}^{-3}$  at 78 DAS to  $1.79 \text{ cm}^3 \text{ cm}^{-3}$  at 94 DAS ( $p < 0.001$ ,  $DF = 13$ ,  
 309  $\text{l.s.d.} = 0.181$ ). The water availability strongly influenced the RLD  
 310 distribution (Fig 5). The DR plants had a significantly lower RLD  
 311 in the 0-15 cm soil section compared to the control plants  
 312 ( $p = 0.026$ ,  $DF = 67$ ,  $\text{l.s.d.} = 0.564$ ), this difference increased

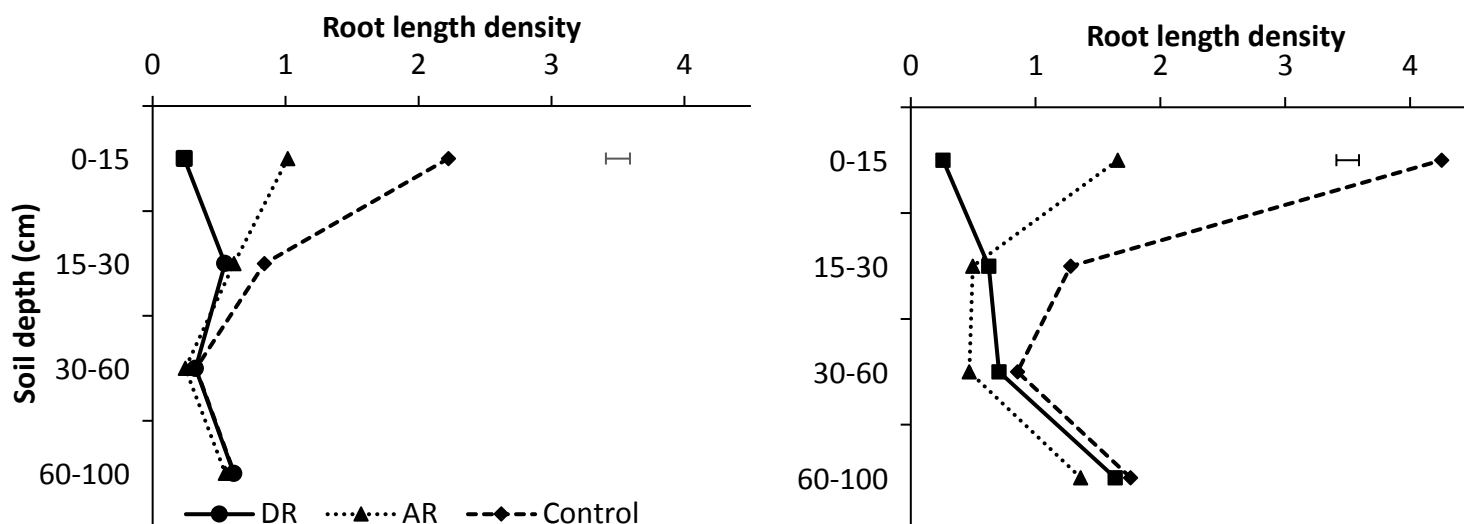


Figure 5 a) Root length density ( $\text{cm cm}^{-3}$ ) at 78 DAS, and b) root length density ( $\text{cm cm}^{-3}$ ) at 94 DAS. The three treatments have been divided into layers: 0-15 cm depth, 15-30 cm depth, 30-60 cm depth, and 60-100 cm depth. The bar shows the least significant difference (time\*treatment\*depth).

313 between 78 and 94 DAS. Both AR and control plants significantly  
 314 increased their RLD in the 0-15 cm soil section between 78 and  
 315 94 DAS. The DR plants only showed a slight increase in RLD. In  
 316 the 15-60 cm section of the column there were only minor

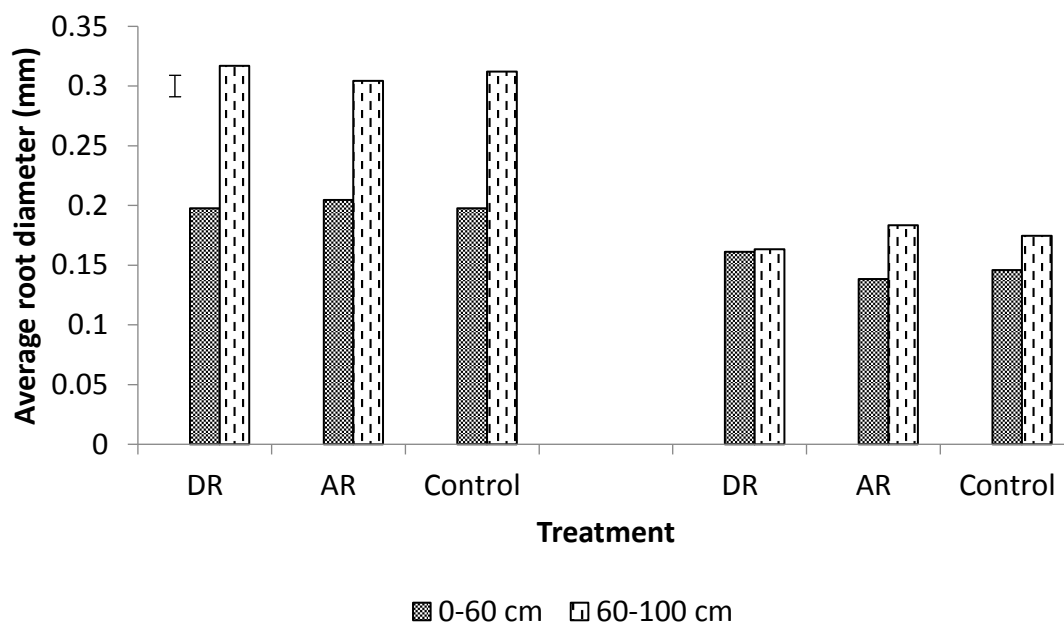


Figure 6 Average root diameter (mm) at 78 DAS (left) and 94 DAS (right). The three treatments have been divided into layers: 0-60 cm and 60-100 cm. The bar shows the least significant difference (time\*treatment\*depth).

317 changes in RLD distribution between the different treatments  
 318 at 78 and 94 DAS. However, the 60-100 cm section showed that  
 319 the RLD increased significantly between 78 and 94 DAS  
 320 regardless of the treatment.

321

322 Figure 6 shows the average root diameter, which was overall  
 323 significantly higher in the 60-100 cm layer at 78 and 94 DAS  
 324 ( $p < 0.001$ ,  $DF = 67$ ,  $l.s.d. = 0.018$ ). At 94 DAS the difference in  
 325 diameter had been severely reduced, with a general decrease  
 326 in the overall average diameter of the roots. Bulk density  
 327 measurements showed no changes between 78 and 94 DAS;  
 328 there was only an increase in bulk density with increasing depth  
 329 ( $p = 0.031$ ,  $DF = 32$ ,  $l.s.d. = 0.092$ ). The storage root weight was  
 330 severely affected by drought. The control plants had an average  
 331 storage root weight of 19.4 g (se +/- 1.1) at 94 DAS, the AR and  
 332 DR treated plants had a much lower average storage root dry  
 333 weight, 9.9 (se +/- 0.41) and 8.4 g (se +/- 0.36) respectively.

334

335 To compare both experiments the thermal time was calculated.  
 336 Table 1 shows how the two experiments compare  
 337 developmentally.

338

Table 1 Comparison of days after sowing between both experiments with the help of the thermal time.

Thermal time (°C days)	First experiment	Second experiment
534	48 DAS	48 DAS
748	66 DAS	59 DAS
919	79 DAS	69 DAS



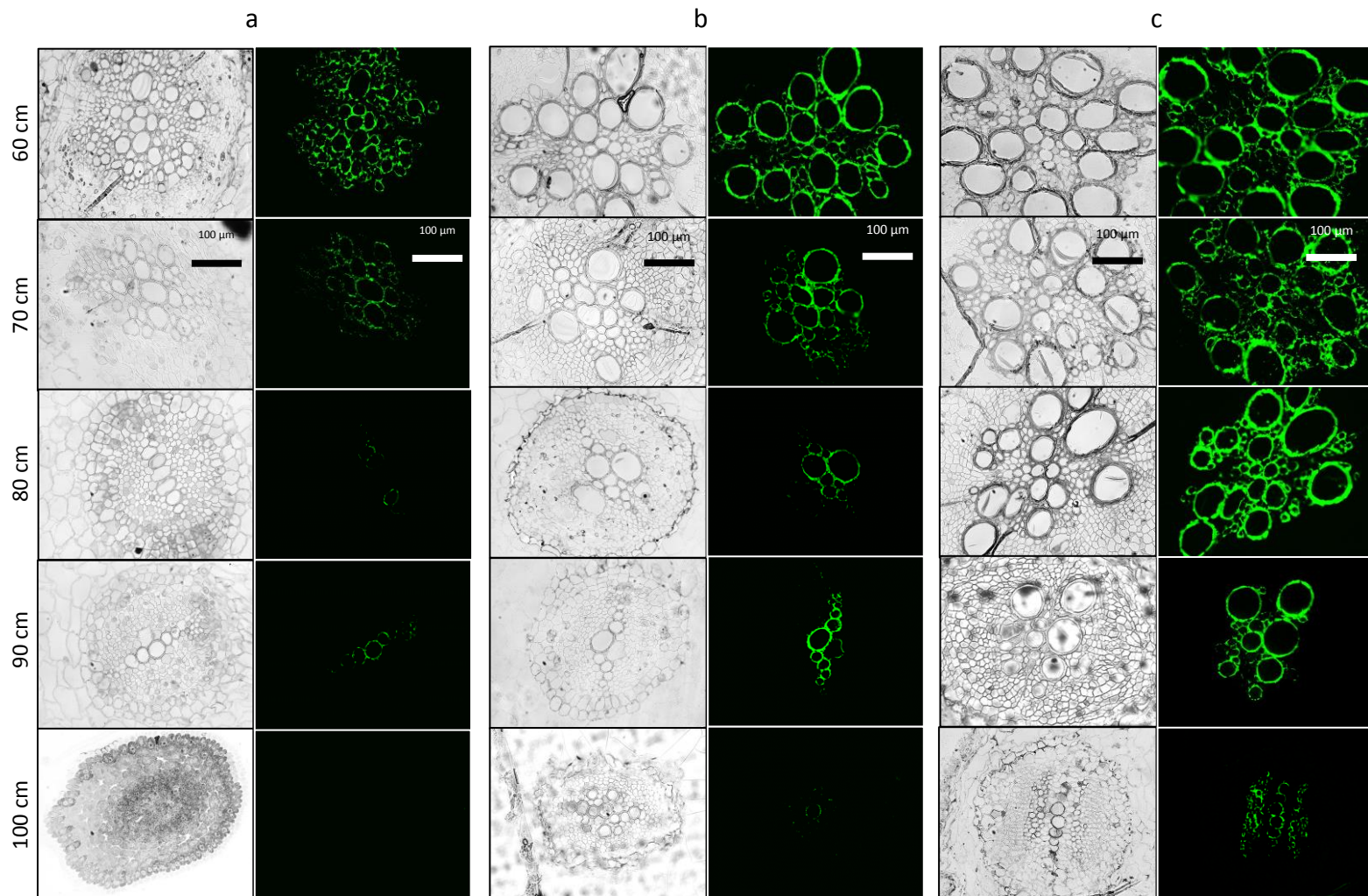


Figure 7 Cross section of the taproot in bright field and under the fluorescent microscope after staining with anti-rat FITC marker LM11 at 60, 70, 80, 90, and 100 cm depth. a) 48 DAS; b) 59 DAS; c) 69 DAS. The bar indicates 100 µm.

340 Each panel in Figure 7 shows a cross section of the root in bright  
 341 field on the left, then using a fluorescent marker to highlight  
 342 secondary xylem, in green, on the right. At 48 DAS roots had  
 343 reached 100 cm depth but no xylem tissue was found at that  
 344 depth. However at 60 cm there was a significant amount of  
 345 secondary xylem. Samples taken at 59 DAS showed that the  
 346 taproot at 100 cm had developed xylem, however the lack of  
 347 green fluorescence indicates that the xylem had not yet  
 348 matured, unlike the xylem at 60 and 70 cm depth. At 69 DAS  
 349 secondary xylem was abundant at 60 to 80 cm depth with a  
 350 good amount of secondary xylem at 90 and 100 cm.

351

#### 352 4. Discussion

353

354 Water use efficiency was higher when water availability was  
355 reduced. This has been previously reported in C3 cereals (Araus  
356 et al. 2002) and in sugar beet with drought stress (Araus et al.  
357 2002; Bloch et al. 2006; Rinaldi and Vonella 2006). However, at  
358 94 DAS the WUE of the DR treated plants had increased less  
359 than the FC and AR treated plant, from 3.4 g l<sup>-1</sup> to 4.1 g l<sup>-1</sup>,  
360 indicating that severe drought stress can reduce WUE. Araus et  
361 al. (2002) suggested the improvement of WUE is in part caused  
362 by a decrease in stomatal conductance, and by an increase in  
363 photosynthetic capacity. The reduction in available soil  
364 moisture resulted in decreased stomatal conductance, however  
365 it was unclear whether this was the result of a plant protection  
366 mechanism or a water conservation strategy of the plant (Ober  
367 et al. 2005). The net photosynthetic assimilation was reduced  
368 following the same pattern as the stomatal conductance. This  
369 indicates that improved WUE was a result of stomatal closure  
370 rather than maintenance of photosynthetic assimilation.  
371 Previously Flexas and Medrano (2002) showed that a stomatal  
372 conductance of 0.10 mol m<sup>-2</sup> s<sup>-1</sup> is considered a threshold value  
373 between severe and moderate drought stress in C<sub>3</sub> species such  
374 as sugar beet. At 80 DAS the stomatal conductance of the DR  
375 treated plants dropped below 0.10 mol m<sup>-2</sup> s<sup>-1</sup>, and at 88 DAS  
376 both the DR and the AR treated plants had values below this  
377 threshold indicating severe drought stress and thus explaining  
378 the drop in photosynthetic assimilation. Gollan (1985) found  
379 that soil water content rather than relative leaf water content  
380 controlled leaf gas exchange. When approximately half of the  
381 extractable water in the soil had been taken up there was a  
382 decrease in leaf gas exchange. Relative leaf water content

383 reductions do not always seem to interfere with the  
384 photosynthetic assimilation, but they are thought to limit plant  
385 growth (Anderson and McNaughton 1973). This corresponds  
386 with our findings of a lower leaf area and dry weight in DR and  
387 AR treated plants compared to the control plants and also  
388 translates into a lower specific leaf area for the DR treated  
389 plants. Brereton et al. (1986) found that plants can adapt to  
390 negative soil conditions by reducing the leaf area expansion  
391 instead of reducing the stomatal conductance by reduced leaf  
392 water potential. The reduction in SLA, over time, was most likely  
393 a result of older, larger leaves dying and new, smaller leaves  
394 forming (Milford et al. 1985).

395

396 Considering the total amount of water taken up (on average  
397 5600 ml for all treatments), there was limited water uptake  
398 from 90 cm depth (Figure 1) before the shallow soil layers were  
399 depleted, as previously observed in the field (Brown et al.  
400 1987). Our findings suggest this is, at least in part, due to a lack  
401 of secondary xylem, as previously been seen by Mapfumo et al.  
402 (1993). In the control plants there were no significant changes  
403 in soil moisture content, since the extracted water was  
404 replenished almost immediately. Towards the end of the  
405 experiment, temperatures in the glasshouse had risen above a  
406 daily average temperature of 18°C (min 7°C, max 35°C),  
407 compared to an overall daily average of 14 °C, resulting in an  
408 increase in water uptake. During this period, the DR and AR  
409 treated plants took up more water from depth, where water  
410 was still available, while the control plants appeared to extract  
411 water throughout the whole column and not just from the  
412 shallow layer where the water was replenished immediately.  
413 There may be several reasons why water was not taken up from  
414 depth until later in the experiment; a) roots did not reach the

415 deeper soil layer, b) the axial pressure was too low, because the  
416 root was too thin (Clark et al. 2003), and c) roots grew in the  
417 deep soil layer but the xylem had not matured, resulting in  
418 reduced water uptake (Steudle and Peterson 1998; Carminati  
419 and Vetterlein 2013). Our data showed that roots reached 90  
420 cm at 51 DAS which discounts that roots were not physically in  
421 place (data not shown). The roots below 30 cm were thicker  
422 than the roots in the first 30 cm, so axial pressure is not  
423 expected to have caused limitations to water uptake. In the  
424 anatomy experiment, we observed that there was a 16 day  
425 delay between roots arriving at a given depth and water being  
426 taken up. This corresponded closely to the time of secondary  
427 xylem developing. We therefore suggest that the reason for the  
428 delay between roots reaching deep layers of the soil profile, and  
429 taking up water from that depth, was due to the time required  
430 for secondary xylem to develop.

431

432 The reason for the increased root thickness below 30 cm was  
433 most likely an increase in soil bulk density (Clark et al. 2003;  
434 Alameda et al. 2012; Tracy et al. 2012). The bulk density below  
435 30 cm was  $0.2 \text{ g cm}^{-3}$  higher than the bulk density in the first 15  
436 cm, which was  $1.08 \text{ g cm}^{-3}$ . A reason for the difference in bulk  
437 density could be soil slumping and the pressure of the top soil  
438 weighing down the soil below that, creating a gradient of  
439 increasing bulk density with depth. This has likely caused the  
440 difference in root diameter between the first 15 cm and below  
441 60 cm seen at the first harvest (78 DAS). At 94 DAS this  
442 difference in root diameter with depth had disappeared in all  
443 treatments. The period in the glasshouse, where temperatures  
444 rose to  $18^\circ\text{C}$  on average, after 78 DAS resulted in drought stress  
445 and all plants had foraged for water, as seen in an increase in  
446 root length density (RLD) below 60 cm. Previous studies have

447 shown drought stress can result in an increase in root length,  
448 especially at depth (Shaw et al. 2002; Asch et al. 2005). The  
449 newly formed roots had a smaller diameter and therefore the  
450 overall root diameter was reduced. It is not clear whether these  
451 newly formed roots were capable of taking up water. Carvalho  
452 et al. (2014) and White et al. (2015) found that, in spring barley  
453 and bread wheat, a RLD of 1 cm cm<sup>-3</sup> was necessary to take up  
454 90% of the available water. In this study, 90% of the available  
455 water had been taken up in every treatment, even though the  
456 RLD of the DR and AR treatment was between 0.4 and 0.9 cm  
457 cm<sup>-3</sup>. This indicates that the threshold for sugar beet to take up  
458 90% of the available water is lower than barley, wheat and  
459 oilseed rape.

460

## 461 5. Conclusions

462 Sugar beet can grow roots to depths of 1 m under non-limiting  
463 conditions, and are able to extract water from this depth.  
464 However, there seems to be root physiological restrictions that  
465 limit water uptake when the roots have only just formed  
466 (Frensch and Hsiao 1994). The lack of secondary xylem in the  
467 first three weeks (from roots appearing until they mature)  
468 supports this hypothesis. Over time root constraints in the form  
469 of increased bulk density appeared to be overcome by the need  
470 to forage for water or by roots maturing. Considering the  
471 difference in root diameter, between 78 and 94 DAS, the new  
472 roots that formed indicated that the constraints were overcome  
473 by root foraging. Either way, at this point in time, there was  
474 already a 50% reduction in storage root dry weight. Further  
475 work is necessary to explore varieties that are capable of  
476 extracting water from depth before severe drought stress  
477 occurs, which could potentially increase sugar yield for growers  
478 in drought prone areas.

479

480 Acknowledgements

481

482 We acknowledge Mark Meacham, Jennifer Bussell, Alistair  
483 Wright, Will Spracklen & Jake Richards for their practical  
484 assistance. Paul Knox and Rachel O'Neill at the University of  
485 Leeds for their help with the second experiment, using the  
486 LM11 marker. The study was funded by a joint University of  
487 Nottingham [50%] - British Beet Research Organisation (BBRO)  
488 [50%] studentship.

489

490

491 References

492

493 Alameda D, Anten NPR, Villar R (2012) Soil compaction effects  
494 on growth and root traits of tobacco depend on light,  
495 water regime and mechanical stress. *Soil Tillage Res*  
496 120:121–129. doi: 10.1016/j.still.2011.11.013

497 Anderson JE, McNaughton SJ (1973) Effects of low soil  
498 temperature on transpiration , photosynthesis , leaf  
499 relative water content , and growth among elevationally  
500 diverse plant populations. *Ecology* 54:1220–1233.

501 Araus JL, Slafer GA, Reynolds MP, Royo C (2002) Plant breeding  
502 and drought in C3 cereals: What should we breed for?  
503 *Ann Bot* 89:925–940. doi: 10.1093/aob/mcf049

504 Asch F, Dingkuhn M, Sow A, Audebert A (2005) Drought-  
505 induced changes in rooting patterns and assimilate  
506 partitioning between root and shoot in upland rice. *F*  
507 *Crop Res* 93:223–236. doi: 10.1016/j.fcr.2004.10.002

508 Bloch D, Hoffmann CM, Märlander B (2006) Impact of water  
509 supply on photosynthesis, water use and carbon isotope  
510 discrimination of sugar beet genotypes. *Eur J Agron*

511 24:218–225. doi: 10.1016/j.eja.2005.08.004

512 Brereton JC, McGowan M, Dawkins TCK (1986) The relative  
513 sensitivity of spring barley, spring field beans and sugar  
514 beet crops to soil compaction. *F Crop Res* 13:223–237.  
515 doi: 10.1016/0378-4290(86)90024-9

516 Brown K, Biscoe P (1985) Fibrous root growth and water use of  
517 sugar beet. *J Agric Sci* 105:679–691.

518 Brown KF, McGowan M, Armstrong MJ (1987) Response of the  
519 components of sugar beet leaf water potential to a drying  
520 soil profile. *J Agric Sci* 109:437–444. doi:  
521 <http://dx.doi.org/10.1017/S0021859600081648>

522 Camposeo S, Rubino P (2003) Effect of irrigation frequency on  
523 root water uptake in sugar beet. *Plant Soil* 253:301–309.  
524 doi: 10.1023/A:1024801312711

525 Carminati A, Vetterlein D (2013) Plasticity of rhizosphere  
526 hydraulic properties as a key for efficient utilization of  
527 scarce resources. *Ann Bot* 112:277–90. doi:  
528 10.1093/aob/mcs262

529 Carvalho P, Azam-Ali S, Foulkes MJ (2014) Quantifying  
530 relationships between rooting traits and water uptake  
531 under drought in Mediterranean barley and durum  
532 wheat. *J Integr Plant Biol* 56:455–469. doi:  
533 10.1111/jipb.12109

534 Chimungu JG, Brown KM, Lynch JP (2014) Large root cortical  
535 cell size improves drought tolerance in Maize. *Plant*  
536 *Physiol* 166:2166–2178. doi: 10.1104/pp.114.250449

537 Clark LJ, Whalley WR, Barraclough PB (2003) How do roots  
538 penetrate strong soil? *Plant Soil* 255:93–104. doi:  
539 10.1023/A:1026140122848

540 Draycott AP (2006) Introduction. In: *Sugar Beet*, 1st edn.  
541 Oxford, pp 1–8

542 Flexas J, Medrano H (2002) Drought-inhibition of

543 photosynthesis in C3 plants: stomatal and non-stomatal  
544 limitations revisited. *Ann Bot* 89:183–189. doi:  
545 10.1093/aob/mcf027

546 Frensch J, Hsiao TC (1994) Transient Responses of Cell Turgor  
547 and Growth of Maize Roots as Affected by Changes in  
548 Water Potential. *Plant Physiol* 104:247–254. doi:  
549 10.1104/pp.104.1.247

550 Gollan T (1985) The responses of stomata and leaf gas  
551 exchange to vapour pressure deficits and soil water  
552 content. *Oecologia* 65:348–355.

553 Ho MD, Rosas JC, Brown KM, Lynch JP (2005) Root  
554 architectural tradeoffs for water and phosphorus  
555 acquisition. *Funct plant Biol* 32:737–748. doi:  
556 10.1071/FP05043

557 Jaggard KW, Dewar AM, Pidgeon JD (1998) The relative effects  
558 of drought stress and virus yellows on the yield of  
559 sugarbeet in the UK, 1980–95. *J Agric Sci* 130:337–343.  
560 doi: 10.1017/S0021859698005371

561 Kirkegaard JA, Lilley JM (2007) Root penetration rate - A  
562 benchmark to identify soil and plant limitations to rooting  
563 depth in wheat. *Aust J Exp Agric* 47:590–602. doi:  
564 10.1071/EA06071

565 Li Y, Wallach R, Cohen Y (2002) The role of soil hydraulic  
566 conductivity on the spatial and temporal variation of root  
567 water uptake in drip-irrigated corn. *Plant Soil* 243:131–  
568 142. doi: 10.1023/A:1019911908635

569 Manschadi AM, Hammer GL, Christopher JT, deVoil P (2008)  
570 Genotypic variation in seedling root architectural traits  
571 and implications for drought adaptation in wheat  
572 (*Triticum aestivum* L.). *Plant Soil* 303:115–129. doi:  
573 10.1007/s11104-007-9492-1

574 Mapfumo E, Aspinall D, Hancock T, Sedgley M (1993) Xylem



575 development in relation to water uptake by roots of  
576 grapevine (*Vitis vinifera* L.). 93–99.

577 McCartney L, Marcus SE, Knox JP (2005) Monoclonal  
578 antibodies to plant cell wall xylans and arabinoxylans. *J*  
579 *Histochem Cytochem* 53:543–546. doi:  
580 10.1369/jhc.4B6578.2005

581 Milford GFJ, Pocock TO, Riley J, Messemer AB (1985) An analysis  
582 of leaf growth in sugar beet III. Leaf expansion in field  
583 crops. *Ann Appl Biol* 106:187–203.

584 Morillo-Velarde R, Ober ES (2006) Water use and irrigation. In:  
585 *Sugar Beet*, 1st edn. Oxford, pp 221–248

586 Ober ES, Clark CJ a, Bloa M Le, Royal A, Jaggard KW, Pidgeon  
587 JD (2004) Assessing the genetic resources to improve  
588 drought tolerance in sugar beet: Agronomic traits of  
589 diverse genotypes under droughted and irrigated  
590 conditions. *F Crop Res* 90:213–234. doi:  
591 10.1016/j.fcr.2004.03.004

592 Ober ES, Le Bloa M, Clark CJA, Royal A, Jaggard KW, Pidgeon JD  
593 (2005) Evaluation of physiological traits as indirect  
594 selection criteria for drought tolerance in sugar beet. *F*  
595 *Crop Res* 91:231–249. doi: 10.1016/j.fcr.2004.07.012

596 Padilla FM, Aarts BHJ, Roijendijk YOA, de Caluwe H, Mommer  
597 L, Visser EJW, de Kroon H (2013) Root plasticity maintains  
598 growth of temperate grassland species under pulsed  
599 water supply. *Plant Soil* 369:377–386. doi:  
600 10.1007/s11104-012-1584-x

601 Rinaldi M, Vonella AV (2006) The response of autumn and  
602 spring sown sugar beet (*Beta vulgaris* L.) to irrigation in  
603 Southern Italy: Water and radiation use efficiency. *F Crop*  
604 *Res* 95:103–114. doi: 10.1016/j.fcr.2004.12.004

605 Romano A, Sorgonà A, Lupini A, Araniti F, Stevanato P, Cacco  
606 G, Abenavoli MR (2005) Morpho-physiological responses

607 of sugar beet (*Beta vulgaris* L.) genotypes to drought  
608 stress. *Plant Soil* 35:853–865. doi: 10.1071/FP05043

609 Shaw B, Thomas TH, Cooke DT (2002) Response of sugar beet  
610 (*Beta vulgaris* L.) to drought and nutrient deficiency  
611 stress. *Plant Growth Regul* 37:77–83.

612 Steudle E, Peterson CA (1998) How does water get through  
613 roots ? *J Exp Bot* 49:775–788. doi:  
614 10.1093/jxb/49.322.775

615 Tracy SR, Black CR, Roberts JA, Sturrock C, Mairhofer S,  
616 Craigon J, Mooney SJ (2012) Quantifying the impact of  
617 soil compaction on root system architecture in tomato  
618 (*Solanum lycopersicum*) by X-ray micro-computed  
619 tomography. *Ann Bot* 110:511–519. doi:  
620 10.1093/aob/mcs031

621 Tsialtas JT, Maslaris N (2008) Seasonal trends and relationships  
622 of light, temperature and leaf physiological traits of sugar  
623 beet (*Beta vulgaris* L.) grown under semi-arid,  
624 Mediterranean conditions. *Int J Plant Prod* 2:223–242.

625 Varney GT, Canny MJ (1993) Rates of water uptake into the  
626 mature root system of maize plants. *New Phytol*  
627 123:775–786. doi: 10.1111/j.1469-8137.1993.tb03789.x

628 von Caemmerer S, Farquhar GD (1981) Some relationships  
629 between the biochemistry of photosynthesis and the gas  
630 exchange of leaves. *Planta* 153:376–387.

631 White CA, Sylvester-Bradley R, Berry PM (2015) Root length  
632 densities of UK wheat and oilseed rape crops with  
633 implications for water capture and yield. *J Exp Bot*. doi:  
634 10.1093/jxb/erv077

635 York LM, Carminati A, Mooney SJ, Ritz K, Bennett MJ (2016)  
636 The holistic rhizosphere: integrating zones, processes,  
637 and semantics in the soil influenced by roots. *J Exp Bot*  
638 erw108. doi: 10.1093/jxb/erw108

