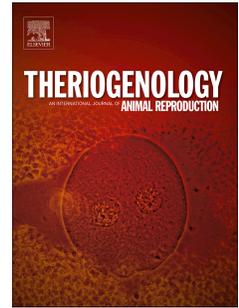


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Physiological responses of cultured bovine granulosa cells to elevated temperatures under low and high oxygen in the presence of different concentrations of melatonin

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Abstract

Our understanding of the effects of temperature on granulosa cell (GC) physiology is primarily limited to *in vitro* studies conducted under atmospheric (~20% O₂) conditions. In the current series of factorial experiments we identify important effects of O₂ level (i.e. 5% vs 20% O₂) on GC viability and steroidogenesis, and go onto report effects of standard (37.5°C) vs high (40.0°C) temperatures under more physiologically representative (i.e. 5%) O₂ levels in the presence of different levels of melatonin (0, 20, 200 and 2000 pg/mL); a potent free-radical scavenger and abundant molecule within the ovarian follicle. Cells aspirated from antral (4 to 6 mm) follicles were cultured in fibronectin-coated wells using serum-free M199 for up to 144 h. At 37.5°C viable cell number was enhanced and luteinization reduced under 5 vs 20% O₂. Oxygen level interacted (P<0.001) with time in culture to affect aromatase activity and cell estradiol (E₂) production (pg/mL/10⁵ cells). These decreased between 48 and 96 h for both O₂ levels but increased again by 144 h for cells cultured under 5% but not 20% O₂. Progesterone (P₄) concentration (ng/mL/10⁵ cells) was greater (P<0.001) under 20 vs 5% O₂ at 96 and 144 h. Cell number increased (P<0.01) with time in culture under 5% O₂ irrespective of temperature. However, higher doses of melatonin increased viable cell number at 40.0°C but reduced viable cell number at 37.5°C (P=0.004). Melatonin also reduced (P<0.001) ROS generation at both O₂ levels across all concentrations. E₂ increased with time in culture at both temperatures under 5% O₂, however P₄ declined between 96 to 144 h at 40.0 but not 37.5°C. Furthermore, melatonin interacted (P<0.001) with temperature in a dose dependent manner to increase P₄ at 37.5°C but to reduce P₄ at 40.0°C. Transcript expression for *HSD3B1* paralleled temporal changes in P₄ production, and those for *HBA* were greater at 5% than 20% O₂, suggesting that hemoglobin synthesis is responsive to changes in O₂ level. In conclusion, 5% O₂ enhances GC proliferation and reduces luteinization. Elevated temperatures under 5% O₂ reduce GC proliferation and P₄ production. Melatonin reduces ROS generation irrespective of O₂ level and temperature, but interacts with temperature in a dose dependent manner to influence GC proliferation and luteinization.

Keywords: Granulosa cells, Oxygen level, Melatonin, Heat stress, hemoglobin

30 1. Introduction

31 Thermal stress can have a detrimental effect on ovarian function and endometrial receptivity
32 in the cow leading to reduced expression of estrus, impaired post-fertilisation development of
33 oocytes and implantation failure [1-3]. It is particularly problematic in the metabolically
34 challenged high-yielding dairy cow that struggles to dissipate heat under moderate to high
35 (typically $\geq 25^{\circ}\text{C}$) ambient temperatures [4,5]. Reduced blood flow to the ovary in such
36 animals can contribute to observed delays in emergence of dominant/pre-ovulatory follicles
37 [6] which in turn can indirectly compromise oocyte quality. However, the effects of heat
38 stress are also believed to directly and negatively affect both pre- and early-antral stages of
39 follicle development, and the pool of germinal vesicle-stage oocytes contained therein [7].

40 In order to gain a better understanding of the mechanisms underlying the effects of thermal
41 stress on follicular development several studies have undertaken short-term *in vitro* culture of
42 granulosa and/or thecal cells simulating normal or high core-body temperatures. They
43 confirmed reductions in cell viability associated with upregulation of apoptotic pathways and
44 reduced steroidogenic capacity [1,8,9]. However, whilst providing valuable insights into
45 underlying mechanisms, these and other related studies [10], invariably cultured cells under
46 atmospheric ($\sim 20\%$) O_2 levels often in the presence of serum. To the best of our knowledge
47 there are no *in vitro* culture studies that have assessed the effects of thermal stress on somatic
48 cells of the ovary under more physiological O_2 levels ($\sim 5\% \text{O}_2$), although one recent study
49 considered temperature and atmospheric environment in the context of ROS generation
50 during bovine oocyte maturation [11]. This issue is important because it is believed that both
51 bovine and porcine GCs cultured under low O_2 are more prolific, glycolytic and estrogenic
52 than GCs cultured in $5\% \text{CO}_2$ in air [12,13]. A low O_2 culture environment probably better
53 recapitulates intra-follicular atmospheric conditions as fractional O_2 concentrations in
54 follicular fluid range between 2 and 9% [14,15].

55 Variable concentrations (10 to $> 400 \text{ pg/mL}$) of the indole amine melatonin have been
56 reported in follicular fluid of different species including the cow [16-20]. Melatonin is
57 believed to exert protective effects on ovarian cells during thermal stress due to its capacity to
58 act as a potent antioxidant [21]. However, as with the studies described earlier, *in vitro*
59 culture experiments with melatonin have to date invariably been conducted under
60 atmospheric O_2 conditions [17, 22] so that the described modes of action and benefits of
61 melatonin may be specific to these situations and less representative of intra-follicular

62 processes. Culturing under low O₂ may provide a more physiologically relevant system to
63 investigate the effects of this potent antioxidant in helping to attenuate thermal stress on
64 somatic cells within the ovarian follicle. The current series of experiments, therefore, sought
65 initially to characterise the effects of O₂ level (i.e. 5% vs 20% O₂) on GC viability and
66 steroidogenesis and then to investigate the effects of standard (37.5°C) vs high (40.0°C)
67 temperatures under low (i.e. 5%) O₂ levels in the presence of different concentrations of
68 melatonin (0, 20, 200 and 2000 pg/mL).

69 **2. Materials and methods**

70 All reagents were obtained from Sigma–Aldrich unless otherwise stated.

71 *2.1. Granulosa cell culture*

72 Antral follicles (4 to 6 mm) were aspirated from abattoir derived ovaries using a 21 G needle
73 and GCs prepared for serum-free culture. These GCs were therefore likely to represent a
74 population of largely luminal GCs and cumulus cells. Compared to mural GCs (scraped from
75 dissected follicles of comparable size) these cells are more estrogenic [12] and mitotically
76 active [23]. Viable cells (determined by trypan blue exclusion [24]) were re-suspended in 1 ml
77 of pre-warmed M199 culture medium supplemented with (Penicillin (50 IU/ml),
78 Streptomycin (50 µg/ml), bovine serum albumin free fatty acid (BSA; 1 mg/ml), testosterone
79 (100 ng/ml), FSH (1 ng/ml; Cat. No. F2293), insulin (10 ng/ml), transferrin 2.5 (µg/ml),
80 sodium selenite (4 ng/ml) and L-glutamine (365 µg/ml)) prior to plating in fibronectin coated
81 wells (Nunclon Delta, Thermo Fisher, Denmark) at seeding densities depicted in Table S1.
82 Fibronectin facilitates the attachment and proliferation of GCs [25], whilst low insulin (10
83 ng/mL) in serum-free media allows cells to form aggregates, proliferate and maintain a
84 primary GC phenotype [26]; hence their responsiveness to trophic hormones [27].

85

86 *2.2. Experimental designs*

87 *2.2.1. Experiment 1.A. Effect of atmospheric vs physiological O₂ level on cell number,* 88 *steroidogenesis and aromatase activity*

89 This was a 2 x 3 factorial experiment with two O₂ levels (~5 vs 20%; using two humidified
90 incubators (Model Innova CO-14, New Brunswick Scientific, Edison, NJ, USA) at 37.5°C)

91 and three culture endpoints (48, 96 and 144 h from seeding)), replicated five times using a 6-
92 well plate format (Table S1). 80% of media was replaced every 48 h during culture. Upon
93 harvesting, spent media and cell pellets were snap frozen in liquid N and stored at -80°C until
94 analysis.

95 *2.2.2. Experiment 1.B. Effect of melatonin on cell number, steroidogenesis and gene*
96 *expression under atmospheric vs physiological O₂ levels*

97 This was a 4 x 2 x 3 factorial experiment with four levels of melatonin (0, 20, 200, and 2000
98 pg/ ml), two O₂ levels (~5 vs 20%; using two humidified incubators at 37.5°C) and three
99 culture endpoints (48, 96 and 144 h from seeding), replicated four times using a 12-well plate
100 format (Table S1). Melatonin levels for this and subsequent experiments were selected on the
101 basis of concentrations reported previously in ovarian follicular fluids [16-20], and from a
102 small pilot study where we determined melatonin concentrations by ELISA
103 (MyBioSource.com; San Diego, CA, USA; Bovine kit - MBS743340) in follicular fluids
104 from 15 heifers slaughtered at a local abattoir (Figure S1). Simple and geometric means for
105 ovarian follicular-fluid melatonin in that study were 1,600 (95% CI = 173 - 3036) and 320
106 pg/mL respectively. Media were changed and cells harvested as described for Experiment
107 1A.

108 *2.2.3. Experiment 1.C. Effect of O₂ level and melatonin on ROS*

109 This experiment adopted the factorial arrangement described for Experiment 1B but using a
110 96-well format (Table S1). Media were changed as described for Experiment 1A. Generation
111 of ROS was assessed at 48, 96 and 144 h of culture (described later).

112 *2.2.4. Experiment 2.A. Effect of temperature and melatonin on cell number, steroidogenesis*
113 *and gene expression under physiological O₂ levels*

114 This experiment adopted a factorial arrangement similar to Experiment 1B but treatments
115 (37.5 vs 40.0 °C; using two humidified incubators at 5% O₂ with four melatonin doses (0, 20,
116 200 and 2000 pg/ml)) commenced after 48 h of culture (Table S2). Incubator temperature
117 was monitored using two thermometers (temperature loggers, EL-USB-1, Lascar Electronics,
118 Salisbury, UK) in addition to that built into the incubator. Media were changed and cells
119 harvested as described for Experiment 1A.

120 2.2.5. *Experiment 2.B. Effect of temperature and melatonin on ROS production under*
121 *physiological O₂ levels*

122 This experiment also adopted the factorial arrangement described for Experiment 1B but
123 using a 96-well format (Table S2) and with treatments described for Experiment 2A. Media
124 were changed as described for Experiment 1A. Generation of ROS was assessed at 96 and
125 144 h of culture (described later).

126 2.3. *Hormone analyses*

127 Progesterone and E₂ production by GCs after 48, 96 and 144 h of culture in Experiment 1A,
128 1B and 2A was assessed by ELISA using commercial kits provided by Ridgeway Research
129 Ltd, Gloucestershire, UK (P₄ product code RIDGE-P), and DRG GmbH, Marburg, Germany,
130 (E₂; product code EIA-2693)) as described previously [28,29]. Spent media were initially
131 diluted (P₄, 1:100; E₂ 1:20) and analysed in duplicate. Inter- and intra-assay CV for P₄ were
132 11.1% and 5.1% respectively, and corresponding values for E₂ were 8.6% and 6.8%.

133 2.4. *Aromatase activity (Experiment 1A)*

134 Granulosa cells (~1 x 10⁶ cells/tube) were homogenized in 200 µl of aromatase buffer
135 solution PH 7.4 (20 mM TES, 10 mM EDTA, 150 mM KCL, protease inhibitor) on ice using
136 tissue and cell homogenizer (Fast Prep-24, model 6004-500, Strasbourg, France) for 30s.
137 Homogenates of two wells per plate were pooled. The protein was then extracted by
138 centrifugation at 1000g for 5 min at 4°C, quantified (BCA method [30] and samples stored at
139 -80°C until assayed for aromatase activity as described by Satoh et al. [31] and Tinwell et al.
140 [32] with slight modifications. Briefly, duplicate aliquots of 60 µg cell protein were incubated
141 for 25 min at 37°C with testosterone (100 nM) and NADPH (10 mM) (Santa Cruz, sc
142 202725; Cofactor, Cytochrome P450 reductase) in aromatase working buffer (final reaction
143 volume of 200 µl/tube at pH 7.5). Enzyme activity was then terminated by heating the tube at
144 100°C for 5 min. In addition, background E₂ (i.e. intracellular E₂) was estimated for each
145 sample after heat inactivation prior to enzyme reaction. Following centrifugation,
146 supernatants were stored at -80°C until E₂ assay by ELISA. The experiment was replicated 5
147 times.

148 2.5. *Transcript expression (Experiments 1B and 2A)*

149 Methodologies reported were those used previously in our laboratory [28]. Briefly, total RNA
150 was extracted from cultured GCs using RNeasy Mini Kit (Qiagen Ltd., West Sussex, UK)
151 and treated with DNase (Promega, Southampton Science Park, Southampton, UK) to remove
152 genomic DNA contamination. DNase-treated RNA was then transcribed into complementary
153 DNA (cDNA) using Omniscript cDNA synthesis kit (Qiagen Ltd) in a 20 µl volume
154 according to manufacturer's instruction. Quantitative Real time PCR (qPCR) was performed
155 using a Roche LightCycler 480 (Roche Diagnostics Ltd, Penzberg, Germany) with gene-
156 specific primers and TaqMan probes (Eurofins Genomics, Ebersberg, Munich, Germany) that
157 were labelled with the 6-carboxyfluorescein (FAM) and tetramethylrhodamine (TAMRA) at
158 5' and 3' ends respectively (Table S3). PCR was performed in 20 µl volume containing 10 µl
159 of 2x Probe Master mix, 0.3 µM each primer, 0.2 µM Taqman probe and 1 µl cDNA. Before
160 quantification, standard curves using each primer/probe set for a particular gene were
161 generated and only those which gave an efficiency of 1.8 to 2.0 used. To ensure no genomic
162 DNA contamination, –RT for genes were performed. A negative control (without cDNA) was
163 also included in each qPCR run. Four biological replicates were conducted per experiment
164 and cDNA from each sample was run in duplicate for each gene.

165 Several housekeeping genes (*RPL19*, *RPLP0*, *B2M* and *TBP*) were tested (Table S3) and it
166 was found that *TBP* was the most stable housekeeping gene when analysed by NormFinder
167 and RefFinder. Hence, all target genes in this study were normalized to *TBP*. Relative
168 quantification was calculated using the formula of [33].

169 2.6. *Measurement of ROS (Experiments 1C and 2B)*

170 Reactive oxygen species generated from cultured GCs were measured by Nitroblue
171 tetrazolium (NBT; N6876, Sigma-Aldrich) as previously described [34-36] but with some
172 modifications. Briefly, media were removed and 50 µl of 1 mg/ml NBT added to each well
173 and incubated for 2 min. Reactions were terminated by adding 100 µl of 1 M HCl. Solutions
174 in each well were then removed and wells washed three times with PBS. Then 150 µl of
175 dimethyl sulfoxide (DMSO) was added to each well to solubilise formazan produced inside
176 the cells. Finally, 10 µl of 1 M NaOH was added to each well and shaken for 20 min. Colour
177 production was measured at 630 nm using a plate reader (Thermo Fisher, Loughborough,

178 UK). Optical density (OD) was adjusted to viable cell number as assessed by crystal violet
179 assay.

180 2.7. Statistical analyses

181 Results were analysed by ANOVA using GenStat (GenStat, 17th ed.). For Experiment 1A
182 terms fitted to this 2 x 3 factorial model were O₂ (physiological vs atmospheric) and time in
183 culture (48, 96 and 144 h). A third interactive term, melatonin (0, 20, 200 and 2000 pg/ml),
184 was included for Experiments 1B and 1C). Oxygen level, melatonin and culture duration
185 were considered as fixed effects and blocked by culture date, incubator and plate. For
186 Experiments 2A and 2B, terms fitted to these 2 x 4 x 2 factorial models were temperature
187 (37.5°C vs 40.0°C), melatonin (0, 20, 200 and 2000 pg/ml) and time in culture (96 and 144
188 h). For transcript expression in Experiment 1B and 2A, terms fitted to these 2 x 2 x 2 factorial
189 models were environmental treatment (1B, physiological vs atmospheric O₂; 2A, 37.5°C vs
190 40.0°C), melatonin (0 and 2000 pg/ml) and culture duration (96 and 144 h). These models
191 were blocked by culture date, incubator and plate. Again, temperature, melatonin and culture
192 duration were considered as fixed effects. Estradiol (pg/ml) and P₄ (ng/ml) production were
193 expressed per 10⁵ cells. Natural log transformations of these data were used to correct for
194 heteroscedasticity of the residuals. The data are shown as natural logs of the means with a
195 SED.

196

197 3. Results

198 3.1. Experiment 1A. Atmospheric vs physiological O₂ levels on cell number and 199 steroidogenesis

200 Granulosa cell number in 6-well plates declined between initial plating and 48 h of culture
201 (1.5 to 1.0 x 10⁶ cells/well; SED = 0.049; P<0.001) but subsequently recovered (P<0.001)
202 with time so that, by the end of culture, cell density was similar to that initially seeded. Mean
203 cell number averaged across all time points was greater under low than high O₂ level (1.19 vs
204 1.03 x 10⁶ cells/well; SED = 0.027; P = 0.004).

205 There was a culture time by O₂ levels interaction (P = 0.014) which indicated that the
206 increase in P₄ production between 48 h and 96/144 h was greater under high than low O₂
207 level (Fig 1A). Granulosa-cell E₂ production declined between 48 and 96 h of culture (Fig

208 1B). However, there was a culture time by O₂ level interaction (P<0.001) which indicated
209 that, in contrast to 20% O₂ where E₂ production didn't change, E₂ production increased
210 between 96 and 144 h for cells cultured under 5% O₂. Consequently, at both 96 and 144 h,
211 the E₂: P₄ ratio was greater (P<0.001) for cells cultured under 5% than under 20% O₂. The
212 temporal pattern of E₂ production depicted in Fig 1B was confirmed by determining
213 aromatase activity (Fig. 2). Testosterone conversion to E₂ in the presence of NADPH
214 indicated a decline (P = 0.014) in aromatase activity at 96 and 144 h for cells cultured under
215 20% O₂ but not for cells cultured under 5% O₂

216 3.2. Experiment 1 B. Effect of melatonin on GCs cultured under 5% or 20% O₂

217 Confirming observations from Experiment 1A, cell numbers using a 12-well format declined
218 between 48 and 96 h of culture but increased again by 144 h (647,250 vs 595,391 vs 658,906
219 cells/ml; SED = 15,000; P<0.001). At 20 pg/mL, melatonin increased (P<0.001) cell number
220 relative to non-treated cells for both O₂ levels, but higher doses melatonin did not alter cell
221 number relative to non-treated cells (621,479, 673,938, 603,604 and 590,308 cells/well for 0,
222 20, 200 and 2000 pg/mL respectively; SED = 16,258).

223 Again confirming results from Experiment 1A, P₄ production increased (P<0.001) between
224 48 h and 96/144 h, and was lower (P = 0.024) under 5% than 20% O₂ (data not shown).
225 Similarly, E₂ production matched that of Experiment 1A, declining (P<0.001) by 96 h and
226 remaining low by 144 h under 20% O₂, but increasing again (P<0.001) by 144 h under 5%
227 O₂ (data not shown). In contrast to cell number, melatonin had no effect on P₄ and, at 20
228 ng/ml only, marginally reduced (P = 0.023) E₂ production relative to untreated cells (log E₂ =
229 7.09 vs 7.24 pg/ml/10⁵ cells; SED = 0.063). Transcript expression for selected genes involved
230 in steroidogenesis, apoptosis and O₂ metabolism varied with time in culture and, for *HSD3B1*,
231 *SOD1* and *HBA* there were O₂ level by culture time interactions (Table 1). However, there
232 was no effect of melatonin on transcript expression. Consistent with measured concentrations
233 of P₄ in spent culture media, *HSD3B1* mRNA expression increased (P = 0.003) with time for
234 cells cultured under 20%. However, this was not the case under 5% O₂. *HBA* mRNA
235 expression was greater (P = 0.015) under 5% than 20% O₂, but decreased (P = 0.006) with
236 time under these conditions. In contrast, transcripts for the antioxidant enzymes *SOD1* and 2
237 were broadly similar for both O₂ treatments, and *ASMT* expression was unaffected by
238 treatment.

239 *3.3 Experiment 1C. Effect of O₂ level and melatonin on ROS*

240 Using a 96-well format ROS generation determined by Nitroblue tetrazolium assay did not
241 differ between 5% and 20% O₂ culture treatments. However, ROS generation increased
242 between 48 and 96 h and then declined to 144 h (0.26 vs 0.32 vs 0.28 OD units/10⁵ cells for
243 48, 96 and 144 h respectively; SED = 0.011; P<0.001). The inclusion of melatonin to culture
244 media under both O₂ levels reduced (P<0.001) ROS generation irrespective of dose (0.31,
245 0.27, 0.25 and 0.26 OD units/10⁵ cells for 0, 20, 200 and 2000 pg/ml respectively; SED =
246 0.012).

247 *3.4. Experiment 2A. Effect of temperature on cell proliferation and steroidogenesis at 5% O₂*
248 *in the presence or absence of melatonin*

249 Working with a 12-well plate format, viable cell number by 48 h of culture in basal media
250 and under standard temperature (i.e. 37.5°C) decreased from 6.00 to 4.54 x 10⁵ cells. At this
251 time plates were randomly allocated to standard or high temperature (40.0°C) incubators and
252 melatonin treatments introduced. Cell number subsequently increased (P<0.001) with time in
253 culture to 7.05 x 10⁵ cells by 144 h, and this was independent of temperature. However, there
254 was an interaction (P = 0.004) between temperature and melatonin treatment which indicated
255 that the inclusion of melatonin increased viable-cell number at 40.0°C but reduced viable-cell
256 number at 37.5°C, particularly at the higher doses (Fig. 3). Cell number was greater at 37.5°C
257 than 40.0°C when melatonin was not included in the media.

258 Consistent with Experiments 1A and B, P₄ production increased between 48 and 96 h for
259 cells cultured at both 37.5°C and 40.0°C. In contrast to 37.5°C, however, P₄ production
260 declined (P<0.001) between 96 and 144 h culture at 40.0°C (Fig. 4A). The pattern of E₂
261 production during the 144 h culture period (Fig. 4B) was similar to that observed in
262 Experiments 1A and B at 5% O₂ for both 37.5°C and 40.0°C. There was an interaction (P =
263 0.007) between melatonin dose and temperature on P₄ production (Fig. 5). Whereas the
264 higher concentrations of melatonin (i.e. ≥ 200 ng/ml) increased P₄ production at 37.5°C they
265 reduced P₄ production at 40.0°C. The two lower doses of melatonin (i.e. 20 and 200 pg/ml)
266 reduced E₂ by GCs whereas the highest dose (2000 pg/ml) had no effect (data not shown).
267 Consequently, the E₂:P₄ ratio increased (P<0.001) between 96 (1.47:1) and 144 h (2.51:1) of
268 culture, and the overall effect of melatonin was similar to that observed for E₂; that is the two

269 lower doses of melatonin decreased this ratio ($P < 0.001$) whereas the highest dose had no
270 effect.

271 In contrast to the effects of O_2 level (Table 1), temperature generally had little effect on
272 transcript expression in cultured GCs (Table 2). Importantly, however, there was a
273 temperature x time of culture interaction ($P = 0.009$) for *BAX* mRNA expression. Consistent
274 with the results of Experiment 1B (Table 1), there was a decline in *BAX* mRNA expression
275 with time at 37.5°C , but this did not occur at 40.0°C (Table 2). Transcript expression for
276 *ASMT* was greater ($P = 0.019$) at 40.0°C than at 37.5°C . There was no significant effect of
277 melatonin on transcript expression.

278 3.5. Experiment 2B. Effect of temperature and melatonin on ROS production at 5% O_2

279 Production of ROS by bovine GCs was not affected by temperature. The presence of
280 melatonin at all three concentrations reduced ($P < 0.001$) ROS production by cultured GCs
281 (0.31, 0.26, 0.25 and 0.27 OD units/ 10^5 cells for 0, 20, 200 and 2000 pg/ml respectively; SED
282 = 0.01) at both temperatures.

283

284 4. Discussion

285 The most significant novel findings to emerge from this study were, firstly, the relatively
286 small overall effect that elevated temperature (40.0 vs 37.5°C) had on GC physiology when
287 these cells were cultured under low (5%) O_2 as opposed to atmospheric (20%) O_2 and,
288 secondly, the interaction between melatonin dose and temperature on viable cell number and
289 P_4 production at low O_2 levels. Extended culture of GCs at 40.0°C led to a decline in P_4
290 production, a response which was exacerbated with the inclusion of high-dose (≥ 200 pg/mL)
291 melatonin (Fig. 5). In contrast, at 37.5°C P_4 production remained high at 144 h and the
292 inclusion of high-dose melatonin appeared to contribute to this increase. The corresponding
293 changes in viable cell number with increasing dose of melatonin for low and high
294 temperatures (Fig. 3) suggest that high doses of melatonin interacted with temperature to
295 differentially influence the extent of GC luteinisation at low O_2 levels.

296 In contrast to temperature, O_2 level had a more marked effect on GC physiology. Unlike GCs
297 cultured under atmospheric (20%) O_2 levels, GCs cultured under low O_2 retained their
298 primary GC phenotype to a greater extent, being more proliferative and estrogenic (Fig. 1).

299 These observations are consistent with those of [12] for GCs from small-medium sized
300 follicles cultured in 5% O₂, and indicate that studies investigating environmental effects on
301 cultured primary GCs are best carried out under low O₂ levels which better represent the
302 ovarian follicle [14,15].

303 4.1. Responses to O₂ level

304 Cell proliferation, and hence mean cell number, from 48 h of culture in the current study was
305 greater at 5% than 20% O₂, an observation consistent with that of Shiratsuki et al. [13]. The
306 increase in aromatase activity and E₂ production between 96 and 144 h for GCs cultured
307 under 5% O₂ in our study (Fig. 1B and 2) is also in general agreement with observations of
308 Roberts and Echtenkamp [12]. Collectively, these results suggest that under 5% O₂ from
309 around 96 h of culture a population of proliferating and steroidogenic cells exits which, in
310 contrast to cells cultured under 20% O₂, better represent luminal GCs observed in medium-
311 sized growing antral follicles. The decline in aromatase activity and E₂ production under 20%
312 O₂ may be due to our use of fibronectin-coated plates. Plates pre-coated with attachment
313 factors such as serum have been found to reduce E₂ production by GCs cultured under 20%
314 O₂ [27]. In our study, the assumption is that the steady decline in aromatase activity (pg
315 E₂/mg protein) up to 144 h under 20% O₂ was due to a parallel decline in enzyme. However,
316 we were not able to confirm the mechanism of this decline. It was not possible to establish
317 differential transcript expression for *CYP19A1* which, for GCs in our system, was close to the
318 detection limit of the method and so the data are not presented. Transcript levels for *HSD3B1*
319 (which catalyzes the conversion of pregnenolone to P₄) were greater at 20% than at 5% O₂,
320 and increased with time in culture at 20% O₂, consistent with increased production of P₄ by
321 these cells (Fig. 1A).

322 Of the transcripts measured (Table S3) the only other to be affected by O₂ level was *HBA*
323 (Hemoglobin alpha) (Table 1); transcript expression for Hemoglobin beta (*HBB*) was barely
324 detectable and unresponsive to culture conditions. In fact transcript expression for *HBA* at 48
325 h culture was similar to that for freshly aspirated GCs (data not presented), but under low O₂
326 declined with time during culture. Transcripts for *HBA* and *HBB* have previously been
327 reported in mouse and human granulosa and cumulus cells [37], and transcripts for *HBA* were
328 recently reported in bovine GCs in a micro-array study that assessed the effects of plating
329 density on gene expression [38]. Working with aspirated GCs from small to medium (<
330 6mm) antral follicles, this latter study adopted a culture system similar to ours (i.e. serum free

331 media with 10 ng/mL insulin), but under 20% O₂. Of the 906 transcripts upregulated by
332 increased plating density, those for *HBA* were the most affected, which the authors suggested
333 was due to increased hypoxic conditions. This would certainly be consistent with current
334 theories for the role of hemoglobin within the ovarian follicle [39] and with observations
335 from the present study where *HBA* mRNA expression was 1.6 fold greater on average at 5%
336 than 20% O₂. Brown et al. [37] found hemoglobin transcript expression to be regulated by
337 gonadotrophins (hCG) in the mouse and proposed a model that linked increasing *HBA*
338 mRNA levels to events leading to follicular maturation and luteinization. In keeping with this
339 model our findings that *HBA* mRNA levels decrease with time under 5% O₂ are consistent
340 with a population of proliferating and estrogenic GCs.

341 4.2. Responses to temperature

342 Studies assessing the effects of elevated temperature on cultured bovine, porcine and murine
343 GCs have invariably been conducted in 5% CO₂ in air for variable periods of time often in
344 the presence of high levels of gonadotrophins and/or growth factors and serum [9,10,40,41];
345 that is under conditions that favour or promote luteinization. For bovine and murine GCs
346 cultured in this way elevated temperatures were found to increase BAX/BCL-2 and Caspase-
347 3 mediated apoptosis and to reduce steroidogenesis [9,41]. Results from the current study
348 where GCs were cultured under 5% O₂ in serum free media were less dramatic. Elevated
349 temperature did reduce viable cell number in the absence of melatonin but had little effect on
350 apoptotic gene expression (Table 2). Progesterone production declined with time in culture
351 for GCs cultured at 40.0°C but not 37.5°C (Fig. 4A). The inhibitory effect of elevated
352 temperature on P₄ production occurred in the absence of differences in transcript expression
353 for *HSD3B1* (Table 2). Instead this may have been due to reduced expression of
354 steroidogenic acute regulatory protein (*STAR*) and cytochrome P450 (*CYP11A1*) as observed
355 by Li et al. [9] in bovine GCs, but not determined in the current study. The absence of an
356 effect of elevated temperature on E₂ production (Fig. 4B) contrasts with the observations of
357 Li et al. [9] who also reported a decline in *CYP19A1*. Insufficient details of the culture system
358 employed by these authors negates a more direct comparison. However, it is clear that
359 aromatase activity in our study was not impeded by elevated temperature. It may be that the
360 provision of a readily available substrate for aromatization (i.e. 100 ng/mL testosterone) under
361 5% O₂ in our study helped alleviate the effects of elevated temperature on E₂ production.

362 4.3. Responses to melatonin

363 Elevated (atmospheric) levels of O₂ [42] and temperature [7] each can disturb the intricate
364 balance between the generation of ROS and antioxidant defence mechanisms leading to
365 increased oxidative stress during either embryo or cell culture. However, neither O₂ level nor
366 temperature affected ROS generation in the current series of experiments, but the inclusion of
367 melatonin at all three levels significantly reduced ROS production by GCs. The antioxidant
368 and anti-apoptotic properties of melatonin are well recognized [21], and variable levels of this
369 indole amine are found in ovarian follicular fluid [16-18]. It is believed that follicle levels are
370 derived from both systemic and local sources within the ovary [43, 44], and the current study
371 confirmed the presence of transcripts for *ASMT* (Acetylserotonin O-methyltransferase) and
372 *AANAT* (Aalkylamine N-acetyltransferase) involved in melatonin synthesis in bovine GCs.
373 However, transcripts for *AANAT* were extremely low and barely detectable, and those for
374 *ASMT* were unaffected by O₂ level and only marginally increased at 40°C. These responses
375 may have been influenced by the level of tryptophan (10 µg/mL) in our basal medium
376 (M199, Sigma-Aldrich). Kim et al. [45] observed that adding an additional 50 µg/mL of
377 tryptophan to M199 (Gibco) during human GC culture lead to an 8- to 60-fold increase in
378 expression of these two transcripts.

379 The most striking and novel observation in our study was the differential effect of the two
380 higher doses of melatonin (i.e. 200 and 2000 pg/mL) on viable cell number and P₄ production
381 at 37.5 and 40.0°C (Fig. 3 and Fig. 5). The levels were within the range used previously in
382 culture studies with bovine cumulus and GCs (i.e. pg/mL to µg/mL levels [22, 45-47]) and,
383 for the most part, comparable to levels reported in human, porcine and bovine follicular fluid
384 (i.e. 10 to 300 pg/mL [16-20]). The higher doses of melatonin employed in the current study
385 could therefore be considered to be towards the upper end of physiological. The stimulatory
386 effect of increasing doses of melatonin on P₄ at 37.5°C is consistent with previous reports for
387 human and bovine GCs cultured at 37°C but in the presence of serum and under atmospheric
388 O₂ levels [22, 48]. The concomitant reduction in GC numbers in the current study further
389 suggests that the higher doses of melatonin induced GCs to luteinise under these conditions.
390 This is in stark contrast to GCs cultured at 40.0°C where the effects of higher doses of
391 melatonin were to increase cell proliferation and reduced P₄ production. Although melatonin
392 has previously been found to increase sheep GC numbers at high (43°C) temperatures (in the
393 presence of 10% FCS and under atmospheric O₂ [49]), a suppressive effect on P₄ production
394 has not previously be reported.

395 4.4. *Conclusions and perspective*

396 The results demonstrate that culturing GCs under low O₂ more accurately reflects the
397 follicular environment resulting in the expression of a more physiological phenotype than is
398 seen under atmospheric O₂ concentrations. This more physiological approach revealed a
399 lesser impact of elevated temperature on GC function than has previously been reported.
400 However, it should be noted that granulosa cells were cultured in the absence of theca cells
401 and in the presence of high levels of androgen, so we cannot rule out a potential theca-cell
402 mediated impact of temperature on granulosa cell function. Nevertheless, the results do
403 strongly support the need to consider O₂ concentration more carefully when investigating the
404 impact of heat stress on ovarian function. As anticipated, the potent antioxidant melatonin
405 consistently reduced ROS. However, the effects of melatonin on GC function were dependant
406 on O₂ concentration, once again emphasising the importance of considering culture
407 conditions when designing these experiments.

408

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413

414

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557

558

559 Figure captions

560 **Fig. 1.** Effect of atmospheric (20%) or physiological (5%) O₂ level on granulosa-cell P₄ (A)
561 and E₂ (B) production after 48, 96 and 144 h of culture in Experiment 1.A. A 2 x 3 factorial
562 arrangement replicated 5 times. Data were log_e transformed prior to analysis. Superscripts
563 highlight differences (P<0.05) between groups.

564

565 **Fig. 2.** Effect of atmospheric (20%) or physiological (5%) O₂ level on aromatase activity in
566 granulosa cells after 48, 96 and 144 h of culture in Experiment 1A. A 2 x 3 factorial
567 arrangement replicated 5 times. Data were log_e transformed prior to analysis. Superscripts
568 highlight differences (P<0.05) between groups.

569

570 **Fig. 3.** Effect of melatonin (pg/ml) and incubation temperature from 48 h culture on
571 granulosa-cell number averaged across 96 and 144 h of culture at 5% O₂ in Experiment 2.A.
572 A 4 (melatonin) x 2 (temperature) x 2 (time points) factorial arrangement replicated 4 times.
573 Data were log_e transformed prior to analysis. Superscripts highlight differences (P<0.05)
574 between groups.

575

576 **Fig. 4.** Effects of incubation temperature on granulosa-cell P₄ (A) and E₂ (B) production in
577 vitro after 96 and 144 h of culture at 5% O₂ in Experiment 2.A. A 4 (melatonin) x 2
578 (temperature) x 2 (time points) factorial arrangement replicated 4 times. Cells were incubated
579 for 48 h at 37.5°C and thereafter exposed to 37.5°C or 40.0°C. Data were log_e transformed
580 prior to analysis. Superscripts highlight differences (P<0.05) between groups. Hatched bars
581 represent P₄ and E₂ production after 48 h culture at 37.5°C in 5% O₂ prior to commencement
582 of treatments.

583

584 **Fig. 5.** Effect of incubation temperature and melatonin dose (pg/ml) on granulosa-cell P₄
585 production in vitro in Experiment 2.A. A 4 (melatonin) x 2 (temperature) x 2 (time points)
586 factorial arrangement replicated 4 times. Cells were incubated for 48 h at 37.5°C in 5% O₂
587 and then exposed to 37.5°C or 40.0°C in the presence or absence of melatonin. Data were
588 log_e transformed prior to analysis. Superscripts highlight differences (P<0.05) between
589 group.

590 **Table 1.** Normalized transcript expression in GCs cultured under physiological (5%) and atmospheric (20%) oxygen levels.

591

| Oxygen (O ₂) | 5% | | | 20% | | | SED | O ₂ | Significance (P) | | |
|---------------------------------|------------------|---------------------|---------------------|--------------------|---------------------|--------------------|---------------------|----------------|------------------|--------|--------------------|
| | Culture time (h) | 48 | 96 | 144 | 48 | 96 | | | 144 | h | O ₂ x h |
| Steroidogenesis | | | | | | | | | | | |
| <i>HSD3B1</i> | | 11.02 ^a | 11.47 ^a | 11.47 ^a | 11.25 ^a | 12.06 ^b | 13.17 ^c | 0.31 | 0.028 | <0.001 | 0.003 |
| Apoptosis | | | | | | | | | | | |
| <i>BAX</i> | | 11.99 ^{ab} | 11.67 ^{ab} | 11.37 ^a | 12.12 ^b | 11.27 ^a | 11.43 ^a | 0.37 | - | 0.015 | - |
| <i>P53</i> | | 11.39 | 11.38 | 11.40 | 11.37 | 11.41 | 11.45 | 0.034 | - | - | - |
| <i>HSPA1A</i> | | 13.13 ^a | 11.94 ^b | 11.92 ^b | 12.52 ^{ab} | 11.69 ^b | 12.08 ^{ab} | 0.53 | - | 0.018 | - |
| O₂ metabolism | | | | | | | | | | | |
| <i>SOD1</i> | | 11.31 | 11.93 | 11.49 | 11.89 | 11.30 | 11.41 | 0.34 | - | - | 0.045 |
| <i>SOD2</i> | | 14.55 ^a | 14.12 ^{ab} | 13.80 ^b | 14.59 ^a | 13.49 ^b | 13.23 ^b | 0.29 | - | <0.001 | - |
| <i>HBA</i> | | 15.43 ^a | 11.62 ^b | 10.51 ^b | 8.65 ^c | 7.82 ^c | 7.51 ^c | 1.11 | 0.015 | <0.001 | 0.006 |
| Melatonin synthesis | | | | | | | | | | | |
| <i>ASMT</i> | | 9.11 | 9.41 | 9.27 | 9.4 | 9.24 | 9.33 | 0.35 | - | - | - |

592

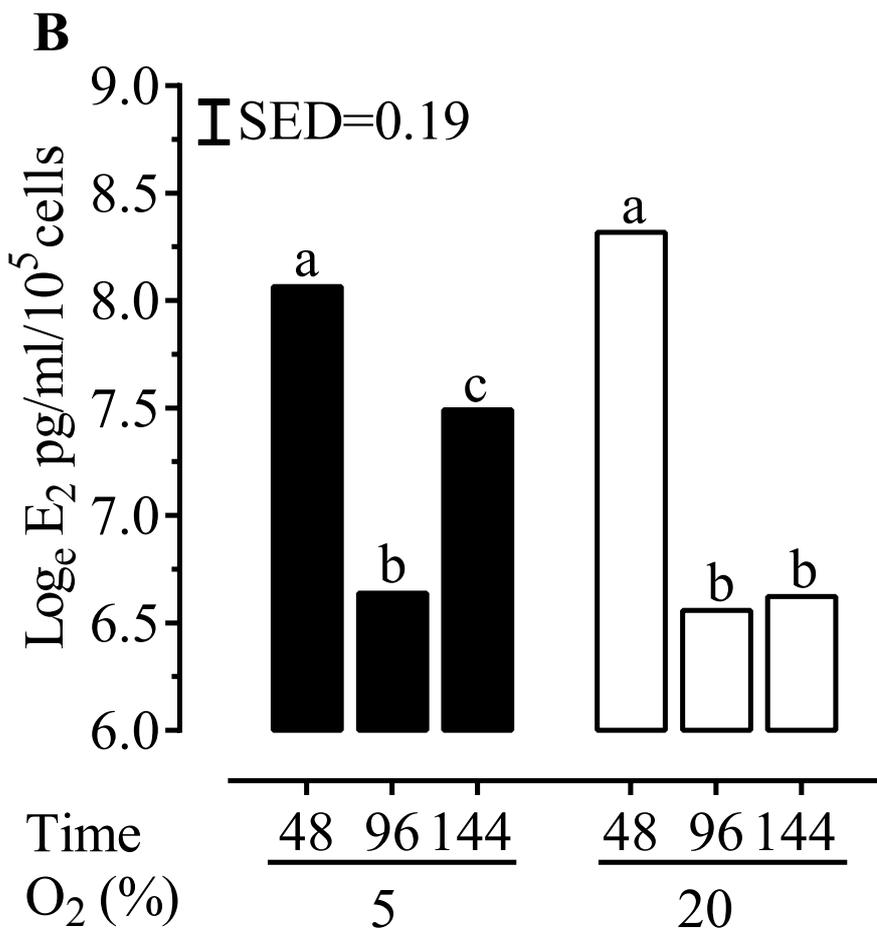
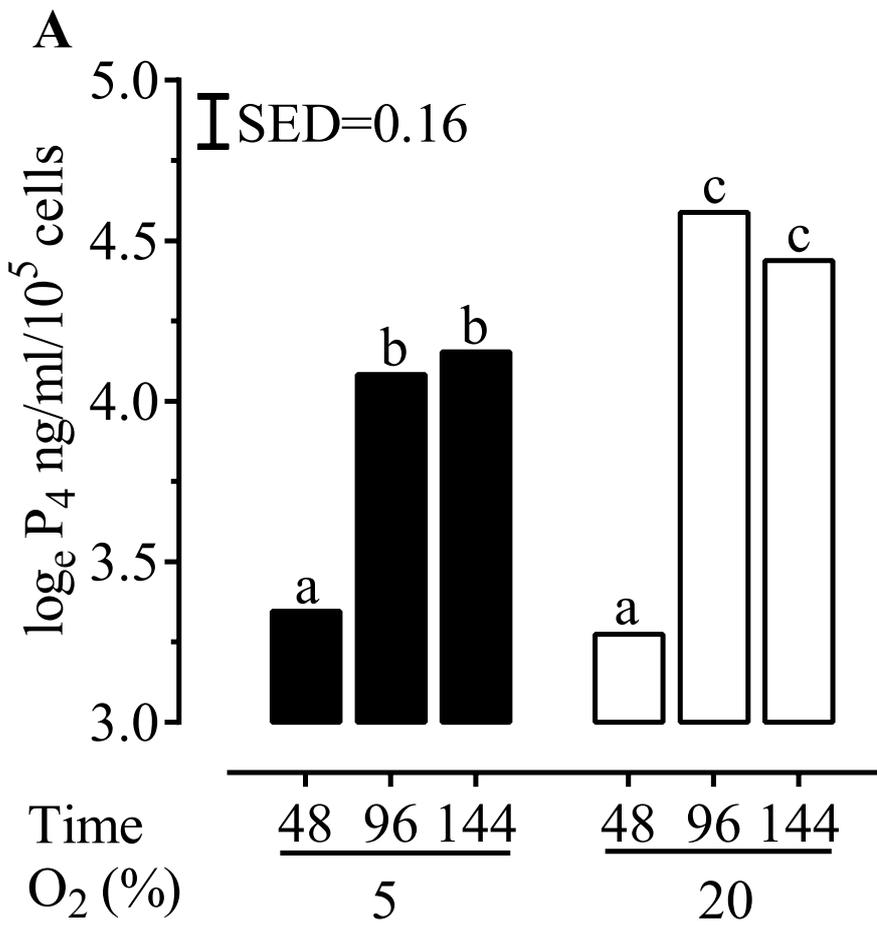
593

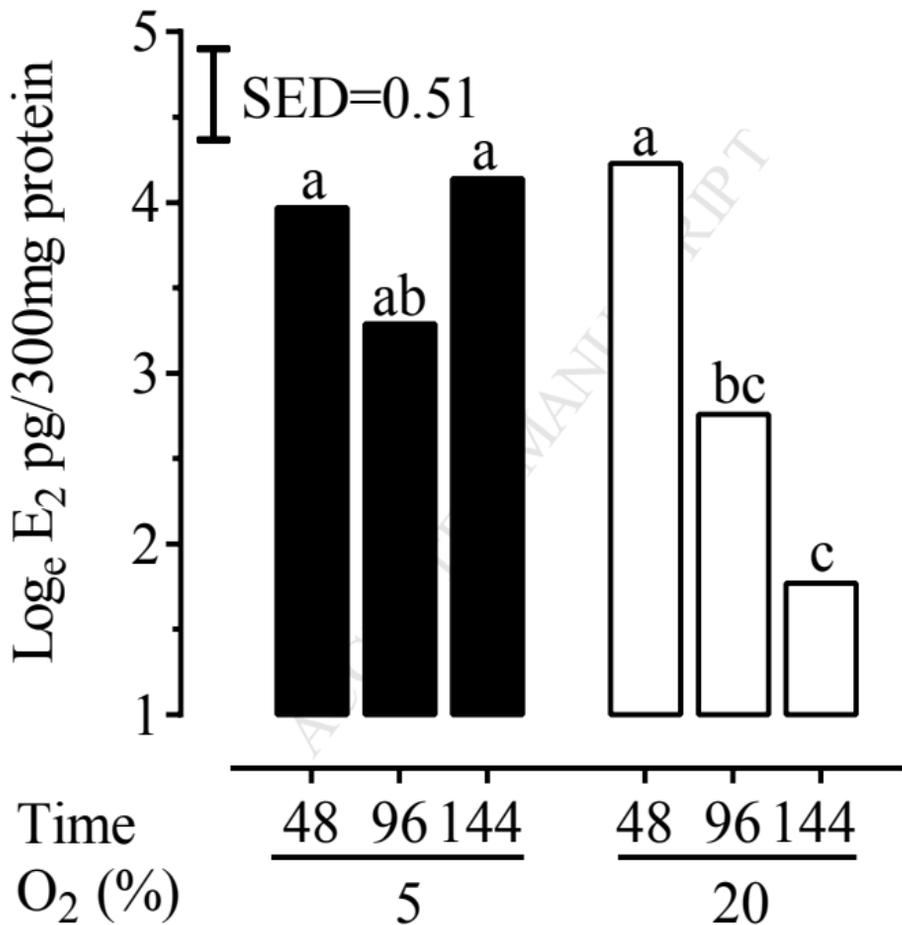
594 **Table 2** Normalized transcript expression in GCs cultured under normal (37.5°C) and high (40.0°C) temperatures.

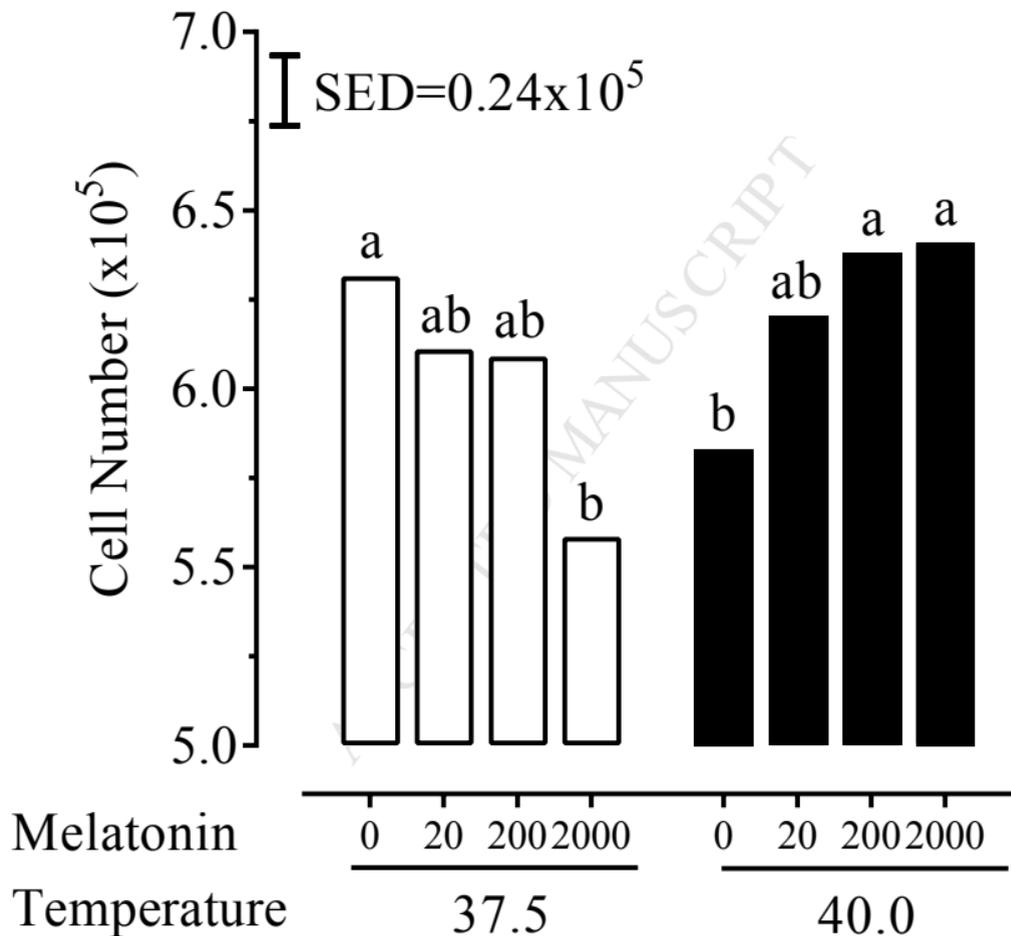
595

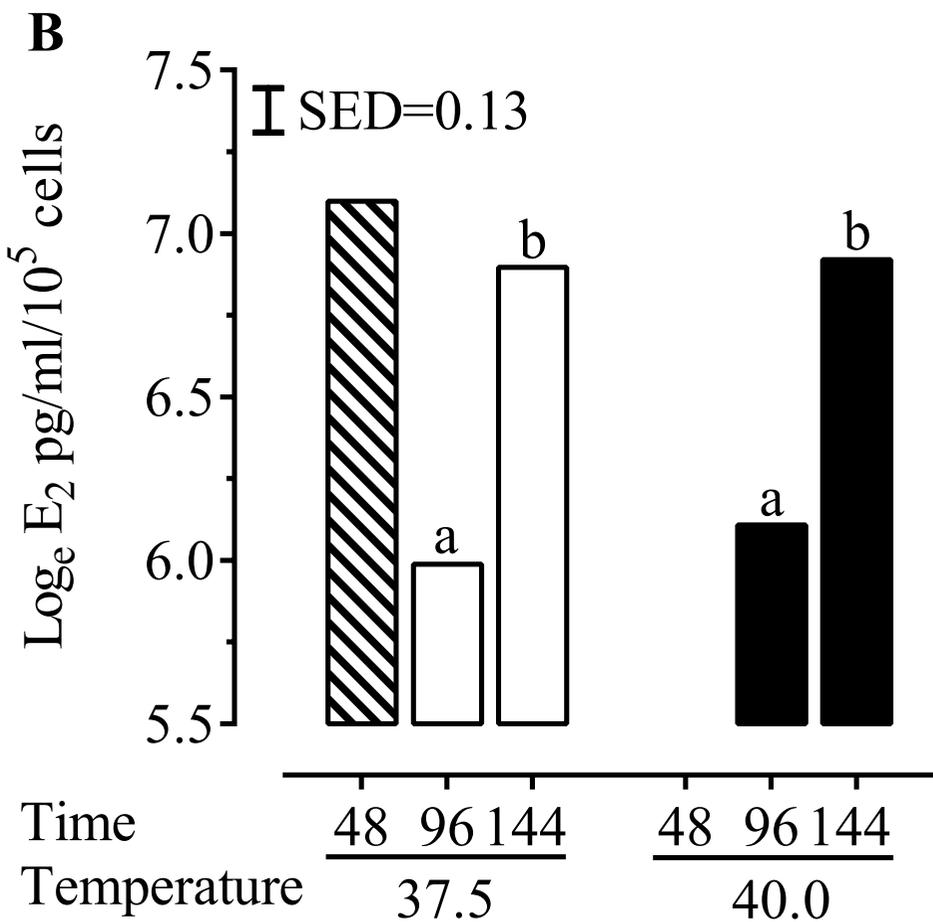
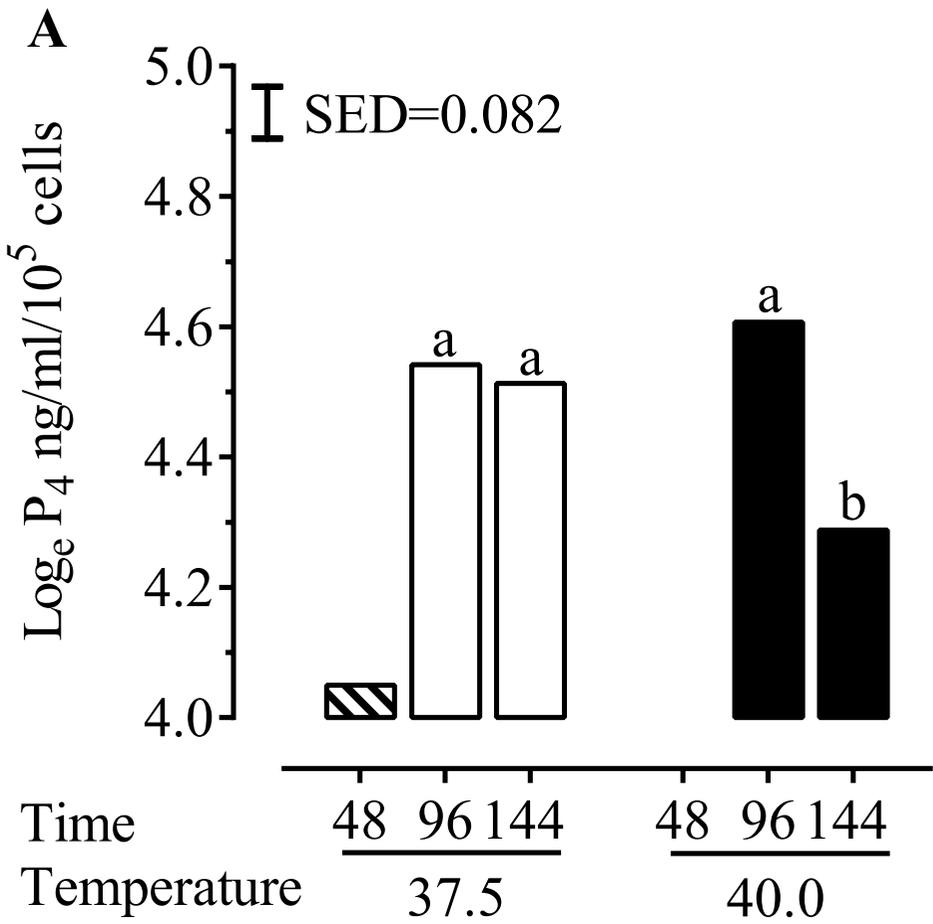
| Temperature (°C) | 37.5 | | 40.0°C | | SED | Significance (P) | | | |
|---------------------------------|------------------|--------------------|--------------------|--------------------|--------------------|------------------|-------|---|--------|
| | Culture time (h) | 96 | 144 | 96 | | 144 | °C | h | °C x h |
| Steroidogenesis | | | | | | | | | |
| <i>HSD3B1</i> | | 13.32 | 13.42 | 14.03 | 13.42 | 0.31 | - | - | - |
| Apoptosis | | | | | | | | | |
| <i>BAX</i> | | 12.56 ^a | 12.19 ^b | 12.49 ^a | 12.66 ^a | 0.12 | 0.068 | - | 0.009 |
| <i>P53</i> | | 12.58 | 12.39 | 12.54 | 12.86 | 0.36 | - | - | - |
| <i>HSPA1A</i> | | 13.9 | 13.72 | 14.38 | 14.2 | 0.40 | - | - | - |
| O₂ metabolism | | | | | | | | | |
| <i>SOD1</i> | | 12.69 | 12.6 | 13.09 | 12.41 | 0.31 | - | - | - |
| <i>SOD2</i> | | 14.02 | 13.96 | 14.21 | 14.24 | 0.18 | - | - | - |
| <i>HBA</i> | | 14.08 | 13.54 | 15.25 | 14.6 | 1.04 | - | - | - |
| Melatonin synthesis | | | | | | | | | |
| <i>ASMT</i> | | 10.38 | 10.03 | 10.94 | 10.98 | 0.49 | 0.019 | - | - |

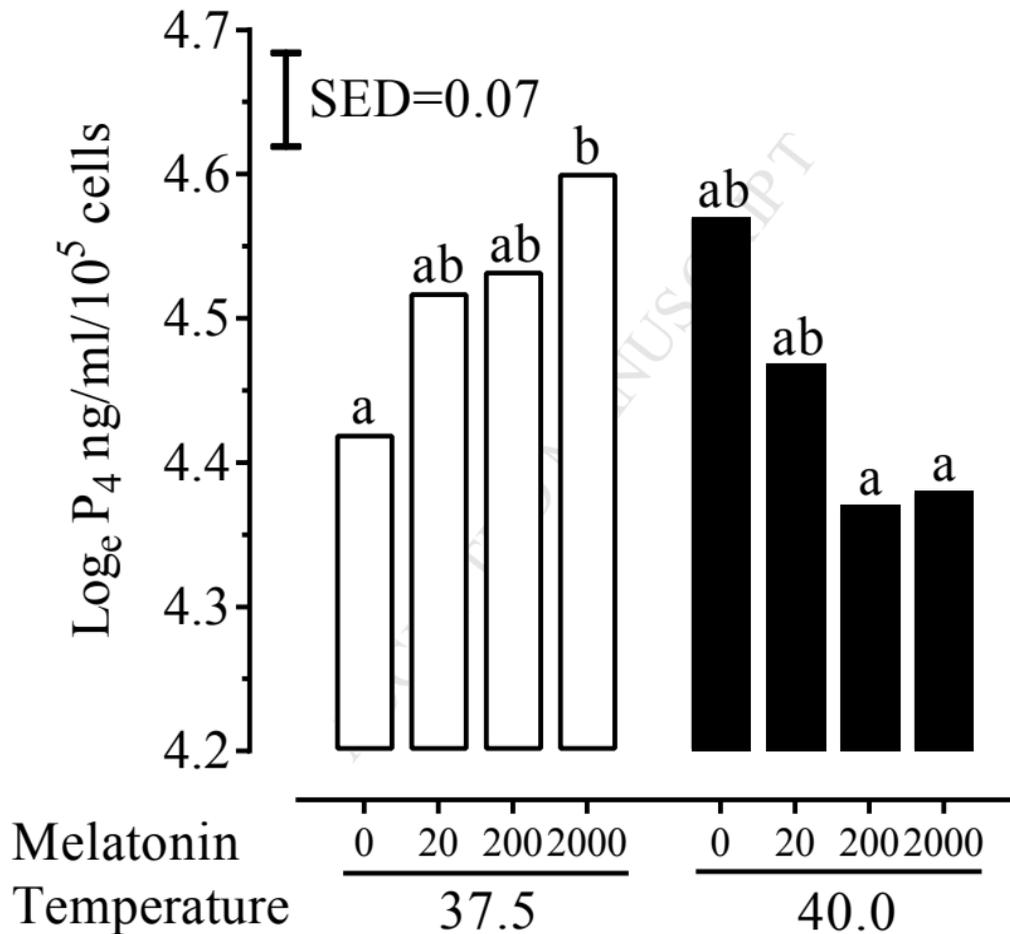
596











- Granulosa cells cultured under 5% than 20% O₂ better retain primary phenotype
- Culturing granulosa cells under 5% than 20% O₂ lessens impact of heat stress
- Melatonin interacts with temperature to affect cell number and progesterone at 5% O₂