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Original Article

Randomised controlled trial to evaluate the effect of foot trimming before and after first calving on subsequent lameness episodes and productivity in dairy heifers

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Highlights

- Lameness period and point prevalence were not significantly different between treatment groups.
- The time to first lameness event was not significantly different between treatment groups.
- The odds of heifer lameness were highest between 0-6 weeks post-partum.
- Using repeated scoring at 2 week intervals allows standardised lameness detection for calculation of robust incidence rates.
- 44.2% of lameness events were single locomotion scores, supporting the concept of fluctuating scores and apparent self-cure.

Abstract

The objective of this study was to assess both independent and combined effects of routine foot trimming of heifers at 3 weeks pre-calving and 100 days post calving on the first lactation lameness and lactation productivity. A total of 419 pre-calving dairy heifers were recruited from one heifer rearing operation over a 10-month period. Heifers were randomly allocated into one of four foot trimming regimens; pre-calving foot trim and post-calving lameness score (Group TL), pre-calving lameness score and post-calving foot trim (Group LT), pre-calving foot trim and post-calving foot trim (Group TT), and pre-calving lameness score and post-calving lameness score (Group LL, control group). All heifers were scored for lameness at 24 biweekly time points for 1 year following calving, and first lactation milk production data was collected.

Following calving, 172/419 (41.1%) of heifers became lame during the study (period prevalence), with lameness prevalence at each time-point following calving ranging from 48/392 (12.2%) at 29-42 days post-calving to 4/379 (1.1%) between 295-383 days after calving. The effects of the four treatment groups were not significantly different from each other for overall lameness period prevalence, biweekly lameness point prevalence, time to first lameness event, type of foot lesion identified at dry off claw trimming, or the 4% fat corrected 305-day milk yield. However, increased odds lameness was significantly associated
with a pre-calving trim alone ($P=0.044$) compared to the reference group LL. The odds of
heifer lameness were highest between 0-6 weeks post-partum, and heifer farm destination
was significantly associated with lameness (OR 2.24), suggesting that even at high standard
facilities, environment and management systems have more effect on heifer foot health than
trimming.

Keywords: Heifer; Lameness; Prophylactic foot trimming; Productivity
Introduction

Lameness and deterioration in claw health observed during the first lactation (Offer, et al., 2000, Capion et al., 2009) is likely to contribute to poor longevity, high recurrence of foot lesions between lactations (Capion et al., 2008), reduced milk yield, poor fertility (Hernandez, et al., 2005) and increased likelihood of culling (Sogstad, et al., 2007). Claw horn lesion development in dairy heifers can occur pre-calving (Livesey, et al., 1998), with concurrent high levels of claw horn pathology present in early lactation (Webster., 2001) and lameness at 50-100 days post-partum is common (Ettema et al., 2006, Maxwell, et al., 2015). Since lameness occurs frequently in heifers, pre-calving foot inspection might reduce subsequent lameness around in the periparturient period.

The main cause of bovine lameness is foot lesions (Murray et al., 1996), and one proposed method of managing foot health is routine foot trimming, aiming to maintain correct weight bearing for optimal function, and to minimise and prevent lesion development (Manske, et al., 2001). However, the evidence-base for the regimens used is sparse (Manning, et al., 2016).

Locomotion scoring is the main method used to detect lameness, and previous work has demonstrated the low prevalence of proximal limb lameness (Murray et al., 1996). Lesions causing lameness on subsequent foot examination have been reported in lactating dairy cows with a locomotion score of 2 (Groenevelt et al., 2014). These lesions respond best to treatment with non-steroidal anti-inflammatory drugs and the application of a block to a sound claw (Thomas et al., 2014). These reports support the assumption that most lameness detected using mobility scoring is foot lesion-related and potentially manageable using claw trimming methods.
The primary objective of the study was to assess both the independent and combined effects of routine foot trimming in heifers at 3 weeks pre-calving and 100 days post calving on the first lactation lameness and lactation productivity. The hypothesis was that there would be a significant difference between the control group (biweekly lameness score only) and groups containing heifers that received foot trimming either pre-calving and/or post-calving with respect to lameness prevalence, 305 day first lactation milk yield, and/or time to conception.

Materials and methods

Study design

A negatively controlled randomised clinical trial (RCT) was used to compare the effect of pre- and post-calving foot trimming regimens on subsequent lameness events and production during the first lactation. The trial protocol was reviewed and approved by the Ethical Review Committee of the Royal Veterinary College (Approval number, URN 2013 1255; January 2014). Sample size calculations based on detecting a 25% difference in lameness prevalence at 80% power and 5% significance, yielded a group size of 43 heifers per group (PS power and sample size calculations, Version 3, 2009).

Herd selection

One dairy farm business (Dorset, UK) comprising two dairy herds was used for the study, and Holstein dairy heifers calved between November 2013 and September 2014. A heifer was defined as a female bovine that was due to calve for the first time during the study period; the animal ceased being a heifer at dry off, culling or death during first lactation. Before first calving, heifers were reared at grass during the summer and housed in winter in
sand bedded cubicles. At 3 weeks pre-calving, heifers were moved into a transition group at
the calving unit, housed in sand bedded cubicles together with multiparous cows, and calved
in a loose housed straw yard. Heifers joined one of two milking herds post-partum, located at
two different sites. Both dairies operated a continuous housing system for lactating cows with
deep sand beds in Super Comfort Sand Stall cow cubicles (IAE, UK). Cows were milked 3
times a day through a rotary parlour, and fed on a total mixed ration. Farm 1 was a high
yielding (11,500 L) dairy, with high foot wear due to large walking distances and a lot of
concrete flooring, and was where all heifers calved. Farm 2 was a new build, high yielding
(10,000 L) dairy, with very high foot wear due to newly laid concrete, and was located
approximately 7 km from Farm 1. The destination of heifers was determined at calving by the
owner and herd manager who were masked to treatment group allocations and made location
selection without animal inspection.

Allocation to treatment group

The study interventions were conducted at the individual animal level, with each
heifer treated as an independent unit. Heifers were excluded from enrolment if they had
previously been lame or were lame at the time of enrolment (3 weeks pre-calving). Heifers
were randomly allocated to one of the four treatment groups using random sequences
generated by computer software (Excel 2007, Microsoft). The groups were as follows: pre-
calving foot trim and post-calving lameness score (Group TL), pre-calving lameness score
and post-calving foot trim (Group LT), pre-calving foot trim and post-calving foot trim
(Group TT) and pre-calving lameness score and post-calving lameness score (Group LL,
control group; Fig. 1).
Heifers not present in the transition group at the pre-calving foot trimming were randomly re-allocated to either Group LT or Group LL, a modification introduced during the trial. Randomisation was performed using random sequences generated by computer software (Excel 2007, Microsoft). Reasons for heifers not being present in the transition group included overstocking of the shed, or a change in the day that heifers were moved into the transition group to a day that the foot trimmer was unavailable.

Foot trimming and locomotion scoring

Foot trimming visits were carried out every 2 weeks from 1 November, 2013 until 30 November, 2014. Heifers in a treatment group that were due to receive a foot trim (Groups TL, LT, TT) had all four feet examined in a hydraulic upright foot crush (HTL Hydraulic Crush, Hooftrimming). Heifers allocated to Group LL did not have their feet lifted or examined. The foot trimming was carried out by one professional foot trimmer (Dutch Diploma Holder) following the Dutch Five Step method (Toussaint Raven, 1985), with deep and wide dishing out at the sole ulcer site consistent with a modification proposed by Burgi and Cook (2008). A conservative trimming method was used which preserved sole depth and walls, and no trimming was carried out unless detectable overgrowth required correction, thereby avoiding overtrimming.

Any heifers identified as lame before entering the trimming crush were treated using a standardised protocol, irrespective of study group allocation. Any digital dermatitis lesions identified were treated with chlortetracycline spray (Cyclo spray, Dechra Veterinary Products). Claw horn lesions were treated with wooden blocks applied to the sound claw with an adhesive bond to the sole (Mini Moo Gloo, Moogloo), and corrective trimming with loose
and underrun horn removed according to Mahendran et al. (2015). Non-steroidal anti-inflammatory drugs were not administered.

Locomotion was assessed in all heifers at 3 weeks pre-calving, and then biweekly every 14 ± 3 days for 1 year post-calving (producing 24 biweekly locomotion scores). Scoring was conducted using a modified version of the Agriculture and Horticulture Development Board (AHDB) Dairy mobility score (locomotion scores of 0, 1, 2a, 2b, 3a, or 3b; Thomas, et al., 2015). Briefly, heifers with score 0 walked with a normal gait; heifers with score 1 had uneven steps but the leg was not immediately identifiable; heifers with score 2a had mild asymmetry with a decreased stride length; heifers with score 2b had moderate asymmetry with a raised back; heifers with score 3a had severe asymmetry with reduced walking velocity so they were unable to keep up with the healthy herd; and heifers with score 3b were minimally weight-bearing and reluctant to walk. Locomotion scoring was carried out by a single trained observer (SAM) who was effectively masked to the treatment group by virtue of the small number of heifers joining large milking groups. When a heifer was identified as lame (locomotion score 2a, 2b, 3a or 3b), the farmer was informed and any further treatments were conducted at the farmer’s discretion, while heifers remained in the study.

Productivity data

Milk yield and fertility data were extracted from monthly milk recordings collected by a single company (National Milk Records) and by using on-farm management software (Dairy Comp 305, Valley Agricultural Software). A 4% fat corrected 305-day milk yield was calculated using the formula reported by Gaines and Davidson (1923).
Outcome measures of lameness

Never vs. ever lame

The 48-week period prevalence was defined as the proportion of heifers that went lame during the 48-week time period, using the number of heifers present at the beginning of the study period as the denominator.

Proportion of time lame during the study period

This proportion was defined as the number of locomotion scores (>1) during the 24 biweekly locomotion scores following parturition, divided by the total number of locomotion score observations recorded during the study period for each heifer. Heifers exiting the study received biweekly locomotion scoring until their removal from the farm.

Lameness point prevalence at each biweekly period

This was calculated as the total number of heifers that were lame at each specified biweekly time point, divided by the total number of heifers present at that time point.

Statistical analysis

Binary logistic regression was used to assess the effects of treatments and farm on lameness outcome. Binomial logistic regression was used to assess the effects of treatments and farm on the proportion of time lame in the first lactation. Generalised estimating equations with logit link function was used to assess the effects of treatments, farm and time on the outcome of lameness, which accounted for the repeated measures of locomotion scores. Cox regression was used to evaluate effects of treatment and farm on time to first lameness event, and time to conception for heifers that became pregnant. A general linear
model was used to assess whether treatment groups and farms had any effect on the 4% fat corrected 305-day yield.

All analyses were conducted using SPSS (SPSS version 21, Lead Technologies, 2012). Type I error rate was set at 5%.

**Results**

*Study inclusions and exclusions*

A total of 419 heifers were recruited between 1\textsuperscript{st} November 2013 and 30\textsuperscript{th} September 2014 (Table 1); 188 heifers were milked in Farm 1 and 231 were heifers milked in Farm 2. Nineteen heifers were excluded due to lameness at 3 weeks pre-calving. Fifty-five heifers not in the transition group at the inspection 3 weeks before calving were randomly re-allocated to group LT or LL (27 heifers re-allocated from Group TL, and 28 heifers reallocated from Group TT). Randomisation was performed using random sequences generated by computer software (Excel 2007, Microsoft). Forty-eight heifers (11\%) were lost to follow-up (culled or died); 25 were lost from Farm 1 and 23 from Farm 2. Detailed information on why heifers were lost was not available. Locomotion score data were collected for animals present, with no additional missing data, which was achievable because locomotion scoring was conducted during milking on a rotary parlour with a steady exit flow rate, so every heifer could be seen and scored. A total of 259/419 heifers conceived and were identified as pregnant during the first lactation.

*Overall period prevalence of heifer lameness*

A total of 172 heifers had a locomotion score of >1 after calving. There was an overall 48-week period prevalence of 41.1\% across treatment groups; no significant effect of
seasonality was detected ($P=0.471$). The most common locomotion score was 2a, and only one heifer had the most severe locomotion score (3b) during the study period (Table 2).

There was no significant effect of treatment group on development of lameness ($P=0.669$). Group hazard ratios (HR) are shown in Table 3. Prevalence of lameness was higher at Farm 2 (48.9% vs. 31.4%; $P <0.001$). There was no significant interaction between farm and treatment group ($P=0.322$), and treatment did not significantly affect the proportion of time heifers were lame across the 48-week study period ($P=0.094$), although TL had higher odds of lameness compared to LL (OR=1.29, 95% CI, 1.01-1.65; $P=0.044$; Table 3). Of all the lameness events recorded, 76/172 (44.2%) of heifers had only a single lameness event in the entire 48-week follow-up period.

The lameness point prevalence measures differed significantly over the 24 biweekly periods (overall $P$-value <0.001), and there was a significant effect of farm ($P=0.005$), but treatment group was not statistically significant ($P=0.726$). The first 42 days following calving was the time of highest lameness risk (Fig. 2).

The total time at risk for all heifers was 272.6 years; lameness incidence was 0.63 new cases per heifer per year (Table 4). Cox regression analyses demonstrated that farm was significantly associated with time to development of first lameness (HR, 1.797; 95% CI, 1.312-2.462; $P<0.001$), but treatment group was not (HR, 0.905; 95% CI, 0.792-1.035; $P=0.527$).

Type of lesions detected at the dry-off trim
Of 371 heifers, 287 (77.4%) had no lesions detected at trimming. A total of 50/371 heifers (13.5%) had detectable sole haemorrhage or thin soles, and 70% (35/50) of those were located at Farm 2.

**Milk production**

Treatment did not affect the 4% fat corrected 305d yield ($P=0.104$), although farm ($P<0.001$) and the days in milk at conception ($P<0.001$) were significantly associated with this outcome measure. The mean difference in 4% fat corrected 305-day yield was 925±238L between farms.

**Time to conception**

There was no effect of farm (HR, 0.651; 95% CI, 0.403-1.295; $P=0.121$) or treatment (HR, 0.545; 95% CI, 0.084-3.547; $P=0.559$) on time to conception. Among the 259 pregnant heifers, median time to conception was 85 days and 70 days for those ‘never’ and ‘ever’ lame during the study period, respectively.

**Discussion**

Preventing lameness in heifers is a critical control point due to the high prevalence of lesions (Bell et al., 2009), the deterioration in foot health that occurs during first lactation (Offer, et al., 2000), increased risk of recurrence of lameness in subsequent lactations (Hirst, et al., 2002), and premature culling (Sogstad, et al., 2007) that occurs in lame heifers. Routine foot trimming of dairy cows and heifers is now a widespread practice, although the evidence base for their effective use is minimal (Potterton, et al., 2012, Manning, et al., 2016).
Our study evaluated the effect of foot trimming heifers in a high claw wear environment at 3 weeks pre-calving and 100 days post-calving (both independently and in combination) to assess the impact of foot trimming on subsequent lameness occurrence and productivity. There was no significant difference in lameness period prevalence ($P=0.669$), lameness point prevalence ($P=0.726$), or time to first lameness event between treatment groups ($P=0.527$). However, a pre-calving trim alone significantly increased ($P=0.044$) the proportion of lame heifers during the first lactation compared to the control group, and this increase occurred consistently across the follow-up period. Consequently, we concluded that the prophylactic trimming interventions used in this study did not have beneficial effects on post-calving heifers when compared to the control group (lameness scoring only). Since this deleterious effect was not seen in Group TT (pre-calving foot trim and post-calving foot trim), we suggest interpreting this finding cautiously, especially given the confidence interval calculated (Table 3; OR, 1.29; 95% CI, 1.01-1.65; $P=0.044$). The Dutch Five Step claw trimming method used aimed to conserved sole depth, but this may not have been sufficient to prevent thin soles and bruising exacerbated by new concrete and sand on Farm 2; the relationship between concrete flooring and thin soles has previously been reported in the literature (van Amstel, et al., 2004). This suggests that on farms where the prevalence of thin soles is high, preventative trimming techniques might not be suitable, but reducing the excessive rate of wear might be beneficial. Abrasive concrete causes increased sole wear, leading to sole thinning and predisposing to contusions due to a lack of protection of the sensitive corium by the thin sole. However, these contusions can be responsive to appropriate trimming treatments (Thomas, et al., 2015, Groenevelt, et al., 2014). It is important that the timing and technique of trimming is appropriate to individual farm conditions and the term ‘foot inspection’ is preferred to ‘foot trimming’, to encourage sole depth conservation rather than following routine trim protocols or seeking to achieve an aesthetically pleasing finish.
The maximum point prevalence detected in this study was 12.2% (standard error of the mean [SEM], 1.7%) between 29-42 days post-partum (Fig. 2), which agrees with previously reported data for UK dairy heifers (6-37%; Maxwell et al., 2015). This pattern of increased prevalence of lameness over the first 6 weeks post-partum suggests a severe deterioration in foot health through the post-calving transition period until the time of peak lactation. Changes in the suspensory apparatus in the periparturient period challenge foot health (Talton, et al., 2002) and the loss of the digital cushion could also be involved in the development of claw lesion.

The 48-week period prevalence for lameness in our study was 41.1%. This is the first report detailing the extent to which heifer populations are affected by lameness; lameness was also more prevalent than previously described in multiparous cows. However, 76/172 (44.2%) of the affected heifers had a single lameness event, in agreement with others who have reported transient and fluctuating lameness (Groenevelt, et al., 2014). Apparent self-cure in the absence of treatment is common in the early stages of lameness before clinically recognisable foot lesions appear. This has been previously explained by the resolution of sole bruising through rest, or by resolution of digital dermatitis through footbathing (Relun, et al., 2012). This suggests that the proportion of lameness scores 2 and 3 was the simplest and most appropriate outcome measure for this study, particularly on a farm where problems with sole haemorrhage and thin soles were more prevalent than sole ulcers or white line lesions in primiparous heifers, a pattern typical on well managed units with good lameness detection.

The most common lesions at drying off were sole haemorrhage and thin soles, and 70% of these reported lesions occurred on Farm 2. These lesions could have been under-
recorded in other studies, which might explain the apparent lack of lameness prevention in our study compared to previous reports, due to the high prevalence of thin sole lesions.

In our study, there was no significant difference in the 4% fat corrected 305-day milk yield or calving to conception interval between treatment groups. However, lame heifers had a mean increase in calving to conception interval of 15 days, which confirms the study by Hernandez, et al., (2007), who reported 3.5 increased odds of delayed ovarian cyclicity compared to non-lame animals.

The absence of 55 heifers from the transition group at 3 weeks pre-calving, and their subsequent random re-allocation to treatment groups LT and LL was a limitation of the study design. While this was not intended, we have no reason to suspect that this reallocation unbalanced the groups with respect to potential confounders, as it was simply a consequence of maintaining suitable stocking densities in the transition group. Further work is needed to investigate which heifer foot trimming regimen, if any, would be most suitable in different claw wear scenarios, the effect of trimming style on lameness prevention, and whether foot trimming can provide long-term protection against pathology such as new bone formation on the third phalanx (Newsome, et al., 2015).

A modified AHDB locomotion score was used in our study (Thomas, et al., 2015), with scores of 2 and 3 being defined as clinically lame. Scoring can inform the therapeutic management of lameness (Groenevelt, et al., 2014), and with appropriate training, high within-observer agreement of scoring is possible (Garcia, et al., 2015). Using repeated scoring at 2-week intervals, it is possible to standardise lameness detection for the calculation of robust incidence rates, rather than relying on detection by farmers, which is inherently
variable between farms and people (Groenvelt et al., 2014). Our study used biweekly scoring rather than monthly scoring as described by Green et al., (2002), partly in an effort to improve accuracy, but also because delays in treatment initiation associated with monthly scoring has been shown to reduce recovery rates (Thomas et al., 2015). Further work is required to explore variations in the accuracy and precision of lameness and lesion detection using biweekly screening, but most studies, including ours, are primarily limited by lesion diagnosis, since lesions such as sole ulcers can take several weeks to manifest.

While no routine foot trimming regimen was protective in our study, trimming did not have a significant deleterious effect on the prevalence of lameness, apart from in Group TL (pre-calving foot trim and post-calving locomotion score), and there was no effect on production performance compared to the control group. Therefore, despite our findings, if lameness and severe claw lesion prevalence is high and lameness scoring is not feasible, routine claw inspection could remain a viable alternative to general observation for lameness or fortnightly lameness scoring.

Conclusions

No beneficial effect of a pre-calving or post-calving foot trimming regimen was detected in this controlled study, which used various lameness outcome measures including period prevalence, point prevalence, or time to index lameness event during the first lactation. The proportion of lameness in the pre-calving foot trimming group (Group TL) was significantly higher than in the control group. This indicates that routine lameness screening using locomotion scoring could be preferable to routine trimming in some units for the management of heifer lameness. The protocol used should be appropriate to individual farm conditions, taking into account the availability of trained staff to carry out foot trimming or lameness scoring, cow comfort level, level of foot exposure to concrete, and heifer group
sizes. The greatest risk period for heifer lameness was 0-6 weeks post-partum, suggesting
potential for more targeted intervention and monitoring of health status during this period.
Further work is required to investigate whether there are significant benefits of foot trimming
in more traditional dairy housing systems.

Conflict of interest statement
Dartington Cattle Breeding Trust funded this study. Dartington Cattle Breeding Trust
played no role in the study design or in the collection, analysis and interpretation of data, nor
in the decision to submit the manuscript for publication. None of the authors has any other
financial or personal relationships that could inappropriately influence or bias the content of
the paper.

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Experienced and inexperienced observers achieved relatively high within-observer agreement on


**Figure legends**

Fig. 1. Flow chart representing events for each treatment groups at specified intervention times. LS, locomotion score; Tr, Foot trim; TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL, Pre-calving locomotion score and post-calving locomotion score (control).

Fig. 2. Lameness point prevalence (%) throughout the first lactation recorded at each of the 24 biweekly lameness scores.
Table 1 Distribution and performance of heifers in each of the four treatment groups in the trial designed to investigate foot trimming interventions before and after first calving in dairy heifers.

<table>
<thead>
<tr>
<th>Variable</th>
<th>TL</th>
<th>LT</th>
<th>TT</th>
<th>LL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of heifers enrolled in each group</td>
<td>79</td>
<td>132</td>
<td>77</td>
<td>131</td>
</tr>
<tr>
<td>Number of heifers lost to follow-up, and excluded from analysis</td>
<td>10</td>
<td>15</td>
<td>7</td>
<td>17</td>
</tr>
<tr>
<td>Proportion of heifers in each group at Farm 1 (%)</td>
<td>41.8</td>
<td>49.2</td>
<td>37.7</td>
<td>46.6</td>
</tr>
<tr>
<td>Lameness 48-week period prevalence (%)</td>
<td>46.8</td>
<td>40.2</td>
<td>42.9</td>
<td>37.4</td>
</tr>
<tr>
<td>4% fat corrected 305-day milk yield ± SEM (L)</td>
<td>8491 ±272</td>
<td>8759 ±203</td>
<td>9035 ±290</td>
<td>9308 ±245</td>
</tr>
<tr>
<td>Days to conception ±SEM</td>
<td>95.5 ±7.4</td>
<td>105.4 ±7.2</td>
<td>86.3 ±6.8</td>
<td>98.6 ±6.7</td>
</tr>
</tbody>
</table>

TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL, Pre-calving locomotion score and post-calving locomotion score (control); SEM, Standard error of the mean
Table 2 Proportion of lameness scores within each of the lameness scoring classes (Thomas., et al, 2015) as a percentage of the total number of lameness observations in that group, presented for the four treatment groups and the two farms in a trial designed to investigate foot trimming interventions before and after first calving in dairy heifers.

<table>
<thead>
<tr>
<th></th>
<th>Lameness score 0 (%)</th>
<th>Lameness score 1 (%)</th>
<th>Lameness score 2a (%)</th>
<th>Lameness score 2b (%)</th>
<th>Lameness score 3a (%)</th>
<th>Lameness score 3b (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group TL</td>
<td>91.1</td>
<td>2.1</td>
<td>3.8</td>
<td>2.3</td>
<td>0.7</td>
<td>0.1</td>
</tr>
<tr>
<td>Group LT</td>
<td>93.5</td>
<td>1.6</td>
<td>3.0</td>
<td>1.8</td>
<td>0.2</td>
<td>0.0</td>
</tr>
<tr>
<td>Group TT</td>
<td>91.9</td>
<td>1.8</td>
<td>3.5</td>
<td>2.4</td>
<td>0.3</td>
<td>0.0</td>
</tr>
<tr>
<td>Group LL</td>
<td>93.0</td>
<td>1.7</td>
<td>3.6</td>
<td>1.3</td>
<td>0.3</td>
<td>0.0</td>
</tr>
<tr>
<td>Farm 1</td>
<td>95.1</td>
<td>1.5</td>
<td>2.0</td>
<td>1.2</td>
<td>0.2</td>
<td>0.0</td>
</tr>
<tr>
<td>Farm 2</td>
<td>90.5</td>
<td>2.0</td>
<td>4.5</td>
<td>2.3</td>
<td>0.6</td>
<td>0.1</td>
</tr>
<tr>
<td>Overall</td>
<td>92.8</td>
<td>1.8</td>
<td>3.3</td>
<td>1.8</td>
<td>0.4</td>
<td>0.1</td>
</tr>
</tbody>
</table>

TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL, Pre-calving locomotion score and post-calving locomotion score (control)
Table 3 Association between treatments and lameness assessment based on different lameness measurements. All analyses have adjusted for farm effect. Binary logistic regression, binomial logistic regression, generalised estimating equations for repeated binary measures and Cox regression were employed for these four analyses.

<table>
<thead>
<tr>
<th></th>
<th>Binary logistic</th>
<th>Generalised estimating equation:</th>
<th>Binomial logistic regression:</th>
<th>Cox regression:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lameness period prevalence over 48-week period</td>
<td>Proportion of time being lame over 48-week period</td>
<td>Presence or absence of lameness at each biweekly period</td>
<td>Time to first lameness event</td>
</tr>
<tr>
<td>OR (95% CI)</td>
<td>OR (95% CI)</td>
<td>OR (95% CI)</td>
<td>HR (95% CI)</td>
<td></td>
</tr>
<tr>
<td>LL</td>
<td>Reference</td>
<td>Reference</td>
<td>Reference</td>
<td>Reference</td>
</tr>
<tr>
<td>TL</td>
<td>1.44 (0.81-2.56)</td>
<td>1.29 (1.01-1.65)</td>
<td>1.38 (0.74-2.57)</td>
<td>1.38 (0.90-2.12)</td>
</tr>
<tr>
<td>LT</td>
<td>1.15 (0.69-1.90)</td>
<td>0.96 (0.76-1.22)</td>
<td>1.26 (0.73-2.18)</td>
<td>1.14 (0.77-1.68)</td>
</tr>
<tr>
<td>TT</td>
<td>1.18 (0.66-2.12)</td>
<td>1.14 (0.88-1.47)</td>
<td>1.36 (0.72-2.56)</td>
<td>1.18 (0.76-1.83)</td>
</tr>
</tbody>
</table>

TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL, Pre-calving locomotion score and post-calving locomotion score (control); OR, Odds ratio; 95% CI, 95% confidence intervals; HR, Hazard ratio
**Table 4** Overall heifer lameness incidence rate (new lameness cases per heifer per year) for the four treatment groups and the two farms.

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>Denominator time at risk (years)</th>
<th>Index lameness events</th>
<th>Incidence (new lameness cases per heifer per year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group TL</td>
<td>46.3</td>
<td>37</td>
<td>0.80</td>
</tr>
<tr>
<td>Group LT</td>
<td>89.4</td>
<td>53</td>
<td>0.59</td>
</tr>
<tr>
<td>Group TT</td>
<td>48.1</td>
<td>33</td>
<td>0.68</td>
</tr>
<tr>
<td>Group LL</td>
<td>88.8</td>
<td>49</td>
<td>0.55</td>
</tr>
<tr>
<td>Farm 1</td>
<td>130.5</td>
<td>59</td>
<td>0.45</td>
</tr>
<tr>
<td>Farm 2</td>
<td>142.1</td>
<td>113</td>
<td>0.80</td>
</tr>
</tbody>
</table>

TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL, Pre-calving locomotion score and post-calving locomotion score (control)