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Nottingham

UNITED KINGDOM • CHINA • MALAYSIA

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Appendix 1 – Map of Uganda



Map of Uganda (Maps of the World, 2006)

Appendix 2 – Treatment Form

Appendix 3 – Information Letter

**University of Nottingham, School of Nursing
B Floor (South Block Link)
Queen's Medical Centre
Nottingham
NG7 2HA**



**The University of
Nottingham**

An investigation into the experience of HIV care for young women in a rural Ugandan clinic

Name of Investigator:

Rebecca Dickens

Dr. Catrin Evans (academic supervisor)

Research Information Sheet

Invitation to the research

You have been invited to take part in a research study. Before you decide whether to take part it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and to discuss it with friends and relatives if you wish to. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether you wish to take part or not. If you decide to take part you may keep this leaflet. Thank you for reading this.

Background

My name is Rebecca Dickens and I am a nursing student from Nottingham University in England. I am conducting a study to investigate young women's experiences of HIV testing and HIV care in rural Uganda. The study is being done as part of my degree programme. It will focus on your experiences of HIV testing, your experiences of living with HIV and your views of the HIV care that you have received.

What does the study involve?

If you agree to take part, the study will involve an interview with myself and a translator. The interview will last between 30-60 minutes. The interview will be tape-recorded in order to translate it into English. The interview will be done in a private room within the clinic. A translator who is bound by confidentiality regulations will be present. No-one else will know what you have said to us. All information that you provide will be kept completely confidential and anonymous. We hope that the findings of the study will be used to help improve HIV services for young women like you.

Why have you been chosen?

You have been asked to take part because you are a young woman living with HIV who attends this clinic. Your views and suggestions would be greatly appreciated.

Do you have to take part?

It is up to you to decide whether or not to take part. If you do decide to take part you will be given this information sheet to keep and be asked to sign a consent form. If you decide to take part you are still free to withdraw at any time and without giving a reason. Your participation in this study will not have any impact on the care that you receive.

What if something goes wrong?/Who can I complain to.

In case you have a complaint about this study, you can initially approach the lead investigator, my academic supervisor in the UK. If this achieves no satisfactory outcome, you should then contact the Ethics Committee Secretary, Mrs Louise Sabir, Division of Therapeutics and Molecular Medicine, D Floor, South Block, Queen's Medical Centre, Nottingham, NG7 2UH. E-mail louise.sabir@nottingham.ac.uk

Will my taking part in this study be kept confidential?

All information which is collected about you during the course of the research will be kept on a password protected database and is strictly confidential.

What will happen to the results of the research study?

We hope the research will help develop HIV services particularly in terms of the care provided for young people and young women. Results of the research will be available in the University of Nottingham library sometime after February 2010. Young women's views and suggestions will also be shared with the clinic. However, it will not be possible to identify you personally in the report.

Who has reviewed the study?

This study has been reviewed and approved by the University of Nottingham Medical School Ethics Committee.

Contact for Further Information

For further information, please contact Rebecca Dickens on +256773493842.

Thank you so much for taking the time to take part in this study.

Appendix 4 – Interview Schedule

Interview Schedule

Greetings and introduction to the study.

1. [To explore YUW’s experiences of HIV testing including reasons for seeking initial testing and how the testing process helped them to access follow up care and support].

- *Can you tell me how you found out that you had HIV?*
 - ☐ *Why did you seek out HIV testing? How did you decide where to go for testing? Did you take anyone with you?*
- *What was the HIV testing experience like?*
 - ☐ *What suggestions would you make for providing a good service to young women like yourself?*
- *Were you provided with information or follow-up care and support?*
 - ☐ *What sort of care and support were you given?*

2. [To explore YUW’s experiences of living with HIV].

- *What was it like for you to find out that you were HIV positive?*
- *What has your life been like since your diagnosis? How would you describe your experiences of living with HIV on a daily basis? Has your life changed? In what ways?*
- *Have you disclosed your status to family and friends, sexual partners or the community? Why/why not? What has their reaction been like?*
- *In what ways do you look after health? Do you have any health problems? How do you manage your ARV treatment?*
- *Do you have a boyfriend or any sexual relationships? Do you practise safe sex now that you know your diagnosis?*

3. [To explore YUW’s understanding and use of HIV care including their views of the different services offered, the nursing care provided and how these could be improved].

- *What are your views on the care and support that you have received so far? Who/what has been most helpful? Can you remember any incident where you felt particularly well looked after? Or any incident where you felt the care was not so good?*
- *Is the support offered to you adequate for your needs?*
- *How could the services and support offered to you be improved?*

Thanks and goodbye

Appendix 5 – Consent Letter from Clinic Director

Joint Clinical Research Centre

GULU REGIONAL CENTRE OF EXCELLENCE

For Quality Medical Research and Health Care



Plot 14/15 Peter Paul Opok Road-Gulu
P.O.Box 160, GULU- Uganda
Fax: 04714 32-407

Telephone contact:
Office: 04714-32407

1st July 2009

To Whom It May Concern,

RE: MISS REBECCA DICKENS

This is to confirm that the above-mentioned nursing student has been authorised to conduct research with JCRC Gulu Regional Centre of Excellence. She will be involved in interviewing clients at the JCRC HIV clinic, under my supervision.

Yours Sincerely,

**Dr. George Abongomera,
JCRC Regional Co-ordinator (Northern Uganda)**

Appendix 1



Map of Uganda (Maps of the World, 2006)

Appendix 2

Appendix 3

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