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Unique #

HIV CARE/ART CARD # _____ **Name** _____

ART Program: _____

Date Check box if scheduled. Write in alternate pick-up if ill	Follow-up date	Duration in months since first starting ART/ current regimen	Wt	If Pregnant EDD?PMTCT? FP/no FP If FP write method(s) If child write height	Function Work/Playing Amb Bed	WHO clinical stage	TB status (see codes)	Potential SIDE EFFECTS	New OI, Other problems	Cotri-moxazole Adhere / Dose prescribed	Other meds dispensed	ARV drugs		CD4	Hgb, RPR, TLC, other lab	Refer or consult or link/ provide if hospitalized, # of days
												Adhere/ Why	Regimen/ Dose dispensed			
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Pregnancy/family planning status if woman is of childbearing age:
 P = Pregnant
 If pregnant, give estimated due date (EDD) and write PMTCT if referred to PMTCT
 NP = Not pregnant and on family planning
 If using FP, note methods (note: more than 1 method may be recorded)-use codes for FP methods.
 NFP = Not pregnant and not using FP

Codes for TB status (check on each visit):
 1. No signs or symptoms of TB
 2. TB suspected and referred for evaluation
 3. Currently on TB treatment. Record TB card #
 4. Sputum = TB suspected and sputum sample sent or record results

Codes for potential side effects or other problems:
 Nausea
 Diarrhoea
 Fatigue
 Headache
 BN burning/numb/tingling
 Rash
 Anaemia
 ABdominal pain
 Jaundice
 FAT changes
 CNS: dizzy, anxiety, nightmare, depression

Codes for new OI or other problems:
 Zoster
 Pneumonia
 DEmentia/Enceph
 Thrush—oral/vaginal
 FEVER
 COUGH
 DB difficult breathing
 IRIS Immune reconstitution inflammatory syndrome
 Weight loss
 UD urethral discharge
 PID pelvic inflammatory disease
 GUD genital ulcer disease Ulcers—mouth or other _____

Codes for why poor/ fair adherence:
 1 Toxicity/side effects
 2 Share with others
 3 Forgot
 4 Felt better
 5 Too ill
 6 Stigma/disclosure/privacy issues
 7 Drug stock out—dispensary
 8 Patient lost/ran out of pills
 9 Delivery/travel problems
 10 Inability to pay
 11 Alcohol
 12 Depression
 13 Other _____

Codes for ART adherence. Estimate adherence for twice daily ART using the table below:

% Adhere = no. pills taken: x 100 / Total no. of pills dispensed

Adherence	%
G(good)	≥ 95%
F(fair)	85-94%
P(poor)	< 85%